From the Principal

PRAYER

Dear Heavenly Father,

On Anzac Day we especially recall the brave and faithful ones who have laid down their lives in the wars and those who continue to serve in defence of our liberties.

We are grateful for their courage, their sacrifice and for the peace and freedom we have in our nation because of them.

We pray that we who remain will learn from their example of faithfulness and endurance.

Please comfort those who mourn.

Thankyou Lord for the peace and joy that we can find through faith in Christ.

May we come to know You and the everlasting life You offer to those who will receive it, through Jesus Christ our Lord.

Amen.

ANZAC DAY 100TH ANNIVERSARY COMMEMORATIONS

Anzac Day was commemorated by students and staff in solemn ceremonies at the College and around Sydney.

The College remembered in prayer and with gratitude all Australian men and women who have served and died in all wars, conflicts and peacekeeping operations.

The spirit of the Anzacs and the human qualities of Courage, Endurance, Mateship and Sacrifice were remembered and honoured by students, staff and special guests - Old Boy veterans and their families.

A powerful Act of Remembrance featured a bell being tolled as students from the congregation stood to name each of the 110 St Pius X Old Boys who have seen active service.
The service also featured: a reading from John’s Gospel “The greatest love you can have for your friends is to give your life for them”; an address by Mr Jim Fitzgerald (SPX 1961 and Vietnam veteran) who told the assembly that Anzac Day “is a day where everyone has a story to be told”; wreath laying; flag lowering to The Last Post; a minute’s silence; recital of the Ode; flag raising to Reveille; Anzac Flame Ceremony, documentaries and culminated in a Dawn Service.

Students were also honoured to participate in the RSL & Schools Remember ANZAC at the Anzac Memorial in Hyde Park and Kokoda Expedition students represented the College at the Chatswood RSL Dawn service. Students and their families also took part in Camp Gallipoli, which featured a swag camp, concerts, Light Horse Parade, Anzac Flame Ceremony, documentaries and culminated in a Dawn Service.

Please go to the College Website http://www.spx.nsw.edu.au/news-events/fx-articles.cfm?loadref=15&id=64 to see photos of the College event. The Head of Student Services’ article later in this newsletter contains information of other Anzac events in which our College students participated.

WELCOME NEW STAFF
The College welcomes Mrs Philippa Waters to the RE and Music staff and Mr Adrian Brannan as Youth Ministry Coordinator.

CONGRATULATIONS TO MR AND MRS LONG
The college congratulates Mr Tim Long and his wife Barbara on the arrival of their new baby daughter Amelia Joan last Friday 24 April.

KEY DATES THIS WEEK:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Wednesday 29 April</td>
<td>Year 11 P/T</td>
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<tr>
<td>Thursday 30 April</td>
<td>Cricket Presentation</td>
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<tr>
<td>Friday 1 May</td>
<td>Twilight concert #1</td>
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<tr>
<td>Saturday 2 May</td>
<td>Round 1 ISA competition</td>
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</table>

From the Deputy Principal
FOREST COACHLINES BUS STOP RELOCATION
Topa Constructions are beginning work on their development on the corner of Help and Anderson Streets, opposite the College’s main entry. In discussion with Forest Coachlines we have agreed to close the bus stop in Anderson Street near McIntosh Street. From Monday 4th May 2015 all students (Junior & Senior) catching northbound Forest Coachline buses will now depart from the Anderson Street bus stop between Endeavour and Help Streets, opposite the Junior School. This change will remain in place until the anticipated completion of works in late 2016.

Please contact the College Business Manager, Andrew Ballesty on 9414 4329 if you have any queries.

From the Assistant Principal – Mission and Identity
Our Anzac Day Centenary Ceremony held last Friday was a most respectful and reverent service embraced by all in attendance and especially our young men of the College who were outstanding in capturing the importance of the occasion. We gathered as a College community in the amphitheatre of our Junior School Playground. The College remembered in prayer and with gratitude all Australian men and women who have served and died in all wars, conflicts and peacekeeping operations.

The spirit of the Anzacs and the human qualities of Courage, Endurance, Mateship and Sacrifice were especially remembered and honoured by students, staff and our special guests - Old Boy veterans and their families, in order for us as a College to pay tribute to those who defended our country and particularly for those who fell in their defense of our freedom.
Our opening prayer was led by our College Captain, Fraser Toohey, with Ms Meale reading from John’s Gospel, “The greatest love you can have for your friends is to give your life for them”. Tyler Jarvis, Lachlan Finch and Liam Carroll (all from Year 12,) read Prayers of Remembrance. Two Year 5 boys, Leo Martin and Ethan Rossetto, brought forward the wreath to our Sacred Space on behalf of the College to remember all who have died in war, as our College Orchestra played “Amazing Grace”.

The College was then privileged to hear a very moving and personal address by Mr Jim Fitzgerald, Pius Old Boy from the Class of 1961 and Vietnam veteran who served in the 131 Battery in the Royal Australian Artillery. Jim’s reflections told the Assembly that Anzac Day “is a day where everyone has a story to be told”.

A powerful Act of Remembrance featured a bell being tolled as students from the congregation stood to name each of the 110 St Pius X Old Boys who served overseas in the armed forces in defence of our country.

This emotional moment climaxed further with the playing of the Last Post and Reveille by Miles Fitzgerald from Year 12 and Liam Kivijian (Year 11) respectively. This haunting tune left many emotional as we observed a minute’s silence before our Maths Co-ordinator, Mr Reay, a veteran of the Iraq War delivered “The Ode”.

A big thank you to Ms Bates, Mr Clark, our College Orchestra, along with all our readers and flag bearers, and the 110 student representatives, who ensured such a special service on this very significant day.

Finally, a thank you to Mr Cunneen, who has established this important tradition in our College over the years of continuing to pay our respects to the War Veterans and their families of our St Pius X College community.

Last Sunday 26th April, we celebrated Good Shepherd Sunday.

Pope Francis has said: “On this 52nd World Day of Prayer for Vocations, The Book of Exodus, the second book of the Bible, which recounts these events, is a parable of the entire history of salvation, but also of the inner workings of Christian Faith.”

Therefore, as we the Church throughout the world, let us pray for vocations as we too embrace our own vocation as educators as together we liberate the young minds of our students at Pius.

Mr M Casey

From the Assistant Principal – Teaching and Learning

PARENT TEACHER MEETINGS

By now parents would have already made their online bookings for the following Parent/Teacher meetings:

<table>
<thead>
<tr>
<th>Year</th>
<th>Time</th>
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<tbody>
<tr>
<td>Year 11</td>
<td>Today 6pm to 9pm</td>
</tr>
<tr>
<td>Year 12</td>
<td>Monday 4th May 3.45 pm to 7.00pm</td>
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</tbody>
</table>

If you need any assistance with this process, please contact the Curriculum Administration Coordinator, Mr Greg Bell: gbell@stpiusx.nsw.edu.au

Parent/Teacher meetings are a valuable opportunity to meet with your son’s teachers. The time allocated will be five minutes and though the meeting will be brief, it is the start of a learning partnership between Parents and Teachers.

Initially the teacher will provide an overview of your son’s progress. If a more detailed discussion is required, you can make follow up arrangements with the teacher.

Please listen for the 5 minute chimes and consider other parents by adhering to the allocated time.

I will be available during these evenings to assist you with any queries you may have.

Mr A Damo
Your P&F In Action!

TWILIGHT CONCERT - THIS FRIDAY 1 MAY
All parents and students are invited to the Term 2 Twilight Concert this Friday 1 May from 5.00 until 7.15pm. All major bands will perform and an exciting music program has been organised for your listening pleasure.

These are very well-attended events for a good reason - our boys really are terrific musicians and the night never fails to rock!

MOTHERS’ DAY LITURGY AND MUFFINS - 8.00AM FRIDAY 8 MAY
The P&F warmly invite all Grandmums, Mums and their sons along to the Mothers’ Day Liturgy and Muffins which takes place at 8.00am at the Sarto Centre on Friday 8 May. Please go to This Link for more details, and simply RSVP right here. This a free event hosted by your P&F.

SPECIAL P&F GENERAL MEETING - 7.30PM MONDAY 11 MAY
All parents and friends of the College are warmly welcome to attend what will be a very enlightening P&F General Meeting. We have a very special guest speaker to present to you, a refugee who will share his amazing journey from his home country (Afghanistan) to Australia. Please ask your boys about the young refugee who shared his story with them on Founder’s Day last year! He left an incredible impression!

Please come along and share this special moment with us. We will also be serving gourmet pizza and drinks on the evening, so your dinner is covered, too.

ENTERTAINMENT BOOK 2015-2016
Please support your P&F and our boys, and save loads of money at the same time! A perfect gift for Mother’s Day. Order your Entertainment Books via this link - 20% of your Membership fee contributes to SPX P&F fundraising. You can also get more info and order via the flyer right here.

With a new Digital membership option, your Entertainment Book stays with you on your smart phone, so you never miss an opportunity to save! Please contact Clare at clarehb@bigpond.com if you have any questions!

(Book delivery – we are collecting our supply of the hard copy Entertainment Books later this week so orders will be fulfilled for delivery on Monday.)

Steve Johnson - SPX P&F Secretary / Communications

Performing Arts News

COLLEGE ANZAC CEREMONY: Congratulations and well done to the College Orchestra for their sensitive and poignant contribution to Friday’s ceremony. Your music helped capture the solemnity and significance of the occasion. Thank you also to Miles Fitzgerald (Year 12) and Liam Kivijian (Year 11) for your haunting playing of the “Last Post” and “Reveille”.

ANZAC DAY: Liam Kivijian (Year 11) was an extremely busy trumpet player last weekend. On Saturday, he commenced the day by performing the “Last Post” and “Reveille” at a ceremony in Artarmon and then followed this up by playing at the Shute Shield rugby union match between Northern Suburbs and Sydney University. On Sunday, Liam marched and played with the Homenetmen who were commemorating “Red Sunday” which is a significant day for the Armenian community. Thank you Liam for being a fine representative for both your family and the College.

NSW SECONDARY SCHOOLS CONCERTO COMPETITION: On Sunday morning I had the pleasure of listening to Stewart and Matthew Ross (Year 11) perform “Concerto for Two Violins in D Minor, 1st Movement” by Bach, in the semi-finals of this competition. The boys presented a polished and poised performance to an appreciative audience and are to be commended on their efforts.

TWILIGHT CONCERT: The first concert for the year is THIS Friday. The following ensembles will be performing: Senior, Intermediate and Junior Concert and Jazz Bands, Intermediate and Junior Percussion and Guitar Ensembles, Senior and Junior Choirs, Senior and Intermediate String Ensembles and the College Orchestra. The Performing Arts Parents Association will be running a barbecue. The concert commences at 5.00pm and all students are required to assist with packing up at the end of the evening which will conclude around 7.15pm. Students who are also involved in Debating on this night should speak with Ms Waterson and their coaches, to ensure that they can honour both their music and debating commitments.

Ms T Bates – Performing Arts Coordinator
MindMatters for Families

- MINDFULNESS AND WELLBEING: An invitation - targeting Senior Students - to participate in a MindMatters Program.

“Mindfulness is the practice of intentionally becoming aware of the present moment; it involves paying attention in a particular way; on purpose, in the present moment, and non-judgmentally. That is, maintaining a moment-by-moment awareness of our thoughts, feelings, bodily sensations and the surrounding environment – all without internal criticism.”

There will be an opportunity for the first twenty students to register by email, to attend three after-school sessions being arranged by the College with Mr Paul Jozsef who is a mindfulness practitioner working with Headspace at Chatswood. Further information on “What is mindfulness?” can be found in Woodchatta Extras.

Parents can email Mr Russo at russo@stpiux.nsw.edu.au if they would like their sons to be considered for this course.

- HELPING KIDS DEAL WITH ‘TEST STRESS’ - by Jocelyne Chirnside

Many children find doing tests stressful and experience negative impacts on their wellbeing. Tests lead children to suffer from:

- lost sleep,
- absenteeism,
- stress,
- fear of failure.

Encouraging children with the 7 Steps to Success for Tests as outlined below can be a great opportunity to teach valuable resiliency skills that can be applied to all areas of life!

1. Understand the power of thinking
2. Learn how to calm their bodies
3. Help them to understand good sleep hygiene
4. Connect positively with those around them
5. Identify what areas children are most challenged with academically.
6. It’s ok to make mistakes
7. Reassure them their worth is not measured by their test results

Read the full article at the Generation Next blog

- BOXERCISE FOR FITNESS & FUN

Boxercise is available for all students every Thursday and Friday morning at 7.30am in the College Gym. Please contact Mr Russo if you have any queries.

Mr R Russo – College Counsellor

Careers News

The Sydney University lunchtime presentation was well attended with over 70 Senior Students coming to find out what the university has to offer. Sydney University has world class degree programs in many areas, including medicine, law, engineering, science and business. Sydney University offers a range of Scholarships and flexible entry schemes. Open Day is on the 28th August 2015. For more information about Sydney University visit www.sydney.edu.au


Ms D Janes – Careers Adviser
From the Head of Student Services

Despite the unfortunate postponement of Camp Gallipoli which meant we could not ensure our group of students from Year 5 to 12, their parents and siblings, staff and members of the wider community, were able to attend as planned, our students and school community were represented at a range of events commemorating the Centenary of the Gallipoli Landings this week.

RSL AND SCHOOLS REMEMBER ANZAC

Mr Rod White AM RFD, State President of the RSL and ex-student of St Pius X College officiated at this service last Thursday where our Junior School Class Captains and Senior School House Vice Captains represented the College at Hyde Park Anzac Memorial. Our Year 10 House Vice Captains laid the wreath in a solemn and fitting tribute featuring schools from all sectors of NSW Education and The Hon Adrian Piccoli MP, NSW Minister for Education.

CHATSWOOD RSL GARDEN OF REMEMBRANCE DAWN SERVICE

The “postponement” of the Camp Gallipoli event ensured a healthy representation of St Pius X College students at the Dawn Service led by Kokoda Expedition students Harry Heaney, Liam Houlihan, and Hamish Book from Year 11. These students will be charged with making the Occasional Address in 2016, and so were interested participants this year.

The Centenary of Anzac swelled the crowd from an estimated 500 in 2014 to over 1500 this year including regulars such as our Board Chair Mr Peter Hughes, along with our student leadership team of Fraser Toohey, James Brannan and Matthew Buskaroi. Students from Year 12 to Year 5 were in respectful attendance.

After the event Mayor Gail Giles-Gidney and Mr Joe Hockey MP and Federal Treasurer, presided over the opening of the Chatswood RSL Club Wall of Remembrance.

ANZAC COVE

We were also represented by St Pius X College community members of the (non- prime ministerial) Abbott Family at the Anzac Cove ceremonies on Saturday.

Lest We Forget and May We Always Remember those who have served our nation.

Mr Sean Brannan

Chess News

The NSW Junior Chess League competition begins this Friday 1st May, Week 2 of Term 2. The draw for the competition is available via the following link http://www.nswjcl.org.au/ To access the correct draw for the competition please follow the prompts: schools/metropolitan secondary schools competition/draw and results/metropolitan north. St Pius X has numerous teams: 1 Senior (Years 11-12), 4 Intermediate (Years 9-10) and 5 Junior (Years 7-8). Please ensure your son knows the correct name of his team, the contact details of all team members and most importantly the correct transport route for any away games. The draw for this Friday 1st May can be found in Woodchatta Extras.

Students in the Junior teams are encouraged to check with convenors the exact location of the opposing school and whether private transport is necessary/recommended. Each player should receive an individual draw during training before the scheduled Friday matches throughout the term. Thankyou for your support of your son’s commitment to this intellectually challenging extracurricular activity.

Ms D Ramsey and Ms J Dempsey - Convenors
Mock Trial
In the week of the Great Sydney Downpour, our intrepid Mock Trial team braved the torrents to get to Cherrybrook to defend a local council in a public liability case against Tangara. Their plaintiff had fallen in a poorly marked hole in the early hours of New Year’s Day and sustained critical injuries.

Sadly, our fairy light barrier and small sign were not considered warning enough and we lost the case. Our two barristers, Nick Parker and Keenan Smith argued valiantly, and were advised quietly and confidently by solicitor Adriano Papandrea. Our witnesses, Michael Haratzis and John Davie were unflappable and the case was run smoothly by our court officer, Daniel Butler.

The team’s score improved significantly from our first case, and we are working hard to further challenge ourselves in the next round.

Ms A Gripton - Convenor

Study Advice
The Academic Prefects give regular advice to the whole school at the Monday Assembly. On Monday, 27 April Matthew Harris (Year 12) told the boys the following:

“Term 2 is a busy term where the work really starts to pile up against sports trainings and other extra-curricular activities so it is very important to get into good habits, manage your time well and minimise stress.

The first thing everyone should do is listen to your teachers. However minor this may sound, there is nothing worse than finishing an assignment or an exam and receiving a disappointing mark because you missed something important the teacher said or you were messing around in class while the teacher was talking about important aspects of the topic. Your teachers will be the primary sources of information for your entire schooling life so listen to them.

Secondly, start your assignments and all other work early. Even as much as simply reading the notification can be enough to make a start but then over the next few days, really start to get into the work and you’ll find that you’ll be a lot less stressed and often you’ll find the assignment much easier. This said, it is also extremely important to plan ahead and know what parts of your work you’re going to be doing at what time. Furthermore, you’ll often find that the accumulated time spent doing work in small chunks is less than if you completed an assignment in a stress-filled night before.

Finally, everyone is going to be busier than ever this term with afterschool training and other activities. This is all the more reason as to why you need to be consistent and work in small chunks. One practical thing you can do if you really don’t feel like doing any work is make a start on creating a bibliography. Through this you’ll begin to know your topic more and as you make the bibliography while you are doing the assignment. Good luck with your studies.”

Mr T Cunneen – Student Studies Coordinator

Homework Help
Homework Help will be held every Tuesday to Thursday inclusive after school from 3.15pm - 4.00pm in the Senior Resource Centre. Students are to be actively engaged in school work, reading or study. All ages and levels of ability are welcome to attend, so come along and take advantage of the service.

Ms S Blanchard – Special Education Teacher
Debating

Congratulations to the following teams: 12B, 11B, 9B, 8A, 7A & 7B for a win in last Friday’s debates against Rosebank College, Fivedock. (YEAH!! YEAR 7 😊). Topics on the night were:

Senior Topic: That we should negotiate first.
Yrs 9 & 10 Topic: That space exploration is essential.
Yrs 7 & 8 Topic: That we should explore outer space more.

Congratulations to ALL teams for a wonderful effort and for your exceptional hospitality towards our guests. Bravo to all.

ROUND 3 - Pius hosting St Leos Wahroonga & Mercy College Chatswood - May 1 – Topic: Australia Today

| SPX A | vs | Leos |
| SPX B Jun | vs | Mercy |
| SPX B Sen | | BYE |

This Friday night all debaters will have training from 3.30pm until 5pm. Students will then be allowed to travel over to Westfield to buy their dinner. All students are expected to behave appropriately in the public realm and are required to be back in the playground by 5.45pm. Students who are not travelling over to Westfield to purchase their dinner will be expected to stay in the Little Brother playground until 5.45pm when we enter the Blue Room. All debaters are expected to stay in the vicinity of the Blue Room with their coaches and their teams from 6pm onwards. Senior student’s instructions and requests for assistance are to be acknowledged throughout the night. Year 11 and Year 12 B teams will have a BYE this week but will still be expected to attend on the night.

Our guests, St Leo’s Wahroonga and Mercy College Chatswood should arrive between 6pm and 6.30pm. We have the Twilight Concert this Friday so musicians are to complete their music commitment first and then hurry to the Blue Room to move into their debates. If we begin coin toss at around 6.45pm then debates should commence at around 7.45 – 8pm. If we run to schedule 😊 we could conclude the evening at around 9.30pm. All students will have job allocations on the night and need to sign off with their coach before they leave with their parents at the end of the night. Students will be given a job allocation list at the Friday assembly meeting.

2015 CSDA DRAW AND DATES TO BE KEPT FREE FOR TERM 2 AND TERM 3.

ROUND 4 – Pius travelling to Loreto Normanhurst - May 8

Loreto Normanhurst vs SPX

ROUND 5 – Pius travelling to Gilroy College - May 15

Gilroy College vs SPX

ROUND 6 – St Pat’s, Strathfield hosting Pius - May 22

SPC vs SPX

June 19 - Quarterfinals of Debating: (This is the last night of term for private schools)

TERM 3: July 17 - Semi-finals of Debating
July 24 - Finals of Debating – St Plus is hosting

Ms M Waterson – Debating & Public Speaking Convenor
Junior School News

Please return your Mothers’ and Grandmothers’ Day reply slips so we can organise catering for morning tea. The Mass is on May 8th at 10.30 am followed by morning tea in the Junior School Playground.

MOTHERS AND GRANDMOTHERS’ DAY STALL

Mrs Mary Rajca will speak to the students on Tuesday May 5th about the work being done by the Sisters of Mercy in helping the poor in the shanty-town of Candela in Lima, Peru. The families of the shanty-town are among the poorest in Peru. As this area has one of the highest unemployment rates in the city and there are no social security benefits the families struggle to survive.

As a means of helping the families of Candela, the women have been encouraged to make handicrafts as a way of providing income to support their families. There are many beautiful Mother’s Day gifts available for you to purchase. A wonderful way for our families to help those less fortunate.

The goods that the women have made will be on sale after the Mothers’ Day Mass on Friday May 8th in the junior school grounds. Goods are priced from $2 to $20 and all money raised goes directly to the women who have made the articles. This money is used by the women to buy basic necessities such as food, blankets, clothing and medicines for their families.

Your support of the mission is greatly appreciated.

LEAVING: Mrs Roslyne Hunt has decided to retire from her librarian role every Monday and Tuesday. I would like to thank her for her teaching and care of the boys and the library, and wish her well in her retirement. Next Tuesday will be her final day. Mrs Withford will be replacing her in the short term.

LEAVE: Thankyou for your well wishes over the birth of Amelia Joan Long. On Monday I will be taking some Paternity leave and Mrs Iwatani will be doing my role. I would like to thank Mrs Iwatani, and Mrs Withford, who will be teaching 6 Blue for this period of time. Any enquiries to Mrs Iwatani please.

Here is the little reason I’m on leave.

Mr T Long – Head of Junior School

Uniform Shop

TRADING HOURS – MONDAYS, TUESDAYS & WEDNESDAYS 8.00AM – 1.30PM

Orders can be placed via the College website http://www.spx.nsw.edu.au/facilities-resources/dsp-default.cfm?loadref=83 or by phoning the shop on 9414 4339 or by sending an email to uniformshop@stpiusx.nsw.edu.au.

Parents are reminded that the Uniform Shop also sells second-hand school uniforms.

Blazer Buttons are available from shop $2.00 each.

A full price list is available on the College website: http://www.spx.nsw.edu.au/facilities-resources/dsp-default.cfm?loadref=83

Mrs D Muirhead – Co-ordinator

Canteen Roster

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<thead>
<tr>
<th>4/5 – 8/5</th>
<th>11/5 – 15/5</th>
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<tbody>
<tr>
<td>Mon</td>
<td>Mon</td>
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<tr>
<td>C Hamilton-Bate, H Edwards, B Hurley, C Watson, L Holroyd, R Foley, M Harmata</td>
<td>A Jones, A Melzer, A Apcar, A Wright, K Chan, N Bacic, L Curcio-Bonaccorso</td>
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<td>C Brislon, G Iles, L Marino, J Masters, C Lingard</td>
<td>A Brewer, P Knox, S Kerfin, J Ventura</td>
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<td>A Spencer, J Bendall, P Scaliff, S Roberts, A Berthold, R Baldock</td>
<td>J Arena, J Wilkins, K Fusca, S Tobin, R Onslow, L Rainbird, C Walton</td>
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Senior School Sport

RUGBY

After a long layoff it’s always a bigger mental challenge than a physical one. Nothing has happened to change your ability. There’s a great opportunity this Saturday to shake off the cobwebs and give it a real Team St Pius X “go” against Joeys. Go out to enjoy every minute from the first whistle!

Mike Penistone – Rugby Development Officer

RUGBY CLUB DINNER – 15TH MAY 2015 – BOOK NOW!

Early bird tickets have been extended to this Sunday 3/5/15. Tickets are now selling fast, get your tickets at: http://www.trybooking.com/125483. Also see the flyer in Woodchatta Extras.

Prize donations welcome!

For all rugby information, news and flyers you can go to the Rugby Club News in Woodchatta Extras:

- NEWS FROM 1st XV COACH FRANCIS CULLIMORE
- SPX v ST STANISLAUS, away at Bathurst, Saturday 25th July
- MOUTHGUARDS - LANE COVE DENTURE CLINIC
- TEAM/AGE GROUP MANAGERS
- KEY DATES IN 2015 FOR SPX RUGBY SUPPORTERS
- TERM 2 RUGBY CALENDAR

ISA TENNIS

Welcome to the start of the 2015 ISA Tennis Season. Our first round is Saturday, 2nd May with all teams playing against Oakhill College.

Wet Weather: Up-to-date information regarding wet weather will be available each Saturday on the school Twitter Account @SPXSeniorSport https://twitter.com/SPXSeniorSport.

Uniform: White shorts, school sports shirt, school tennis cap and school tracksuit (if cold). You may also want to bring sunscreen and a bottle of water. Please note if playing at HOME, students are required to bring a small plate of morning tea.

Absences for Games/Training: If a student is absent from school on Friday prior to a round then it is expected that a parent/carer will telephone the school (9411 4733) prior to 8.30am and leave a message for Ms O’Brien as to whether the student will be available to play on Saturday. This provides time for the Convenor to organise a reserve player for the team.

If the absence is last minute on Saturday morning then the student must arrange a substitute player from their team if they are unable to play. Please SMS or call 0409 916 859 by 7.00am to give name of substitute player or inform the Convenor if you are unable to find a substitute player. Students are to provide written documentation for all absences.
Dear Parents and Players,

The official season has finally arrived!! All fixtures are at Oxford Falls, 1 Dreadnought Road, Oxford Falls. Players are required at the venue at least 30 minutes prior to kick off.

I would also like to take this opportunity to direct both players’ and supporters’ attention to the ISA code of conduct http://www.isa.nsw.edu.au/sports/code-of-conduct/. We are very well respected in the Football community, not only for our standard of play but also the way good sporting way in which we play football, this is something that we strive to maintain and is the responsibility of every individual in the Pius Football Community.

Good luck to all teams this weekend.

Mr Simon Yue, Senior Football Convenor

<table>
<thead>
<tr>
<th>Round 1</th>
<th>Divisions Playing</th>
<th>Location</th>
<th>Teachers In Charge</th>
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<tbody>
<tr>
<td>1</td>
<td>OAK</td>
<td>Talus St (Home) 7:45am</td>
<td>A. O’Brien</td>
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<td>2</td>
<td>OAK</td>
<td>Oakhill College 7:45am</td>
<td>M. Colefax</td>
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<td>3</td>
<td>OAK</td>
<td></td>
<td>V. Kugananthan</td>
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<td>J. Black</td>
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<td>OAK</td>
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</tbody>
</table>

Ms A O’Brien - Convenor

FOOTBALL

CRICKET

SPX Cricket Presentation Night: Thursday 30 April 2015, 7 for 7:30pm in the College Gym. This is a compulsory event for all players. All players are expected to be in full winter uniform.

Mr D Reay - Convenor

BOXERCISE FOR FITNESS & FUN

Boxercise is available for all students every Thursday and Friday morning at 7.30am in the College Gym. Please contact Mr Russo if you have any queries.

Mr S Yue - Convenor
Junior School Sport

Thursday Sport: Sport at Oxford Falls. Winter training for Football, Rugby and Tennis resumes.

Rugby: Round 1 commences this Saturday 2nd May. All relevant information, including an information letter, season draw and Code of Conduct document have been placed on the College website. Unfortunately, due to sport being cancelled last week we will be unable to notify boys of their team until at Sport tomorrow (we will also post team lists on the website). Please ensure your son is kitted out in the correct St Pius gear for the season commencement.

<table>
<thead>
<tr>
<th>Team</th>
<th>Opponent</th>
<th>Rd 1 - Saturday 2nd May</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep 1st XV</td>
<td>Shore</td>
<td>Northbridge 'G' (SCEGS Memorial Playing Fields) – Sailor’s Bay Rd &amp; Alpha Rd, Northbridge</td>
<td>10.15am</td>
</tr>
<tr>
<td>Prep 2nd XV</td>
<td></td>
<td></td>
<td>9.30am</td>
</tr>
<tr>
<td>11A</td>
<td>Scots</td>
<td>Christison Park NE – Old South Head Rd (cnr Village High Rd), Vaucluse</td>
<td>8.45am</td>
</tr>
<tr>
<td>11B</td>
<td></td>
<td></td>
<td>8.00am</td>
</tr>
</tbody>
</table>

Football (Soccer): Round 1 commences on Saturday 2nd May. All relevant information, including an information letter, season draw and Code of Conduct document have been placed on the College website. Unfortunately, due to sport being cancelled last week we will be unable to notify boys of their team until at Sport tomorrow (we will also post team lists on the website). Please ensure your son is kitted out in the correct St Pius gear for the season commencement.

<table>
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<th>Team</th>
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<th>Rd 1 - Saturday 2nd May</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep 1st XI</td>
<td>Internal Trial</td>
<td>Oxford Falls – Watkins Field</td>
<td>8.00am</td>
</tr>
<tr>
<td>Prep 2nd XI</td>
<td>Internal Trial</td>
<td>Oxford Falls – Watkins Field</td>
<td>8.00am</td>
</tr>
<tr>
<td>Prep 3rd XI</td>
<td></td>
<td>BYE</td>
<td></td>
</tr>
<tr>
<td>Prep 4th XI</td>
<td>St Patrick’s</td>
<td>Mason Park: Underwood Rd, Homebush</td>
<td>11.00am</td>
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<tr>
<td>11A</td>
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<td>11.00am</td>
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<tr>
<td>11B</td>
<td></td>
<td></td>
<td>10.15am</td>
</tr>
<tr>
<td>11C</td>
<td>St Aloysius</td>
<td>Oxford Falls – Chaplin 2</td>
<td>9.30am</td>
</tr>
<tr>
<td>11 Blue</td>
<td></td>
<td></td>
<td>8.45am</td>
</tr>
<tr>
<td>11 Gold</td>
<td></td>
<td></td>
<td>8.00am</td>
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</tbody>
</table>

NSTA TENNIS

The NSTA games begin this Saturday for all boys. We do not have the draw yet but as soon as it is available it will be given to the boys. Could you please make sure that your son is present at all games as there are only 2 or 3 boys in each team and they will all be required to play each week. Thanks and we look forward to seeing you on Saturday morning.

Mr G Virgona – Junior School Sportsmaster

Mrs S Iwatani - Convenor

COLLEGE  
35 Anderson Street, Chatswood NSW 2067  (02) 9411 4733  F(02) 9413 1860

TREACY COMPLEX  
Dreadnought Road, Oxford Falls NSW 2100  (02) 9451 7375

admin@stpiusx.nsw.edu.au  www.spx.nsw.edu.au

ABN: 50 451 308 630

A CATHOLIC BOYS’ COLLEGE IN THE EDMUND RICE TRADITION
The following information is contained within this week’s Woodchatta Extras. Click on the link below to take you straight to that section.


1. **MINDMATTERS FOR FAMILIES: WHAT IS MINDFULNESS?**
2. **JUNIOR SCHOOL MOTHERS’ AND GRANDMOTHERS’ DAY MASS**
3. **CHESS DRAW FOR FRIDAY 1ST MAY**
4. **FOOTBALL CLUB NEWS**
5. **RUGBY CLUB NEWS**
6. **SPX RUGBY – WEEKEND AWAY FLYER**
7. **SPX RUGBY – YULEFEST PACKAGE FLYER**
8. **SPX RUGBY DINNER FLYER**
9. **OLD BOYS NEWS**
10. **GENERAL NOTICES**
    - Student Exchange Information Evening in Sydney
    - Go For Fun – Free 10 week fitness classes for 7-13 year olds
What is Mindfulness?
A short essay on mindfulness, its benefits and how to practice it.

‘Mindfulness’ has become somewhat of a buzz word of late. Companies including Google and Facebook regularly hold mindfulness sessions for their employees.

However mindfulness dates back to ancient times - its roots lie in the teachings of the Eastern philosophies of Buddhism and Taoism. In today’s world, mindfulness is just as relevant. Through the practice of mindfulness, we are better able deal with the emotional struggles we face on a day-to-day basis.

What is Mindfulness?
The founder of the modern mindfulness movement, Jon Kabat-Zinn, defines mindfulness as “paying attention in a particular way; on purpose, in the present moment, and non-judgmentally.” That is, maintaining a moment-by-moment awareness of our thoughts, feelings, bodily sensations and the surrounding environment – all without internal criticism.

Essentially, mindfulness is the practice of intentionally being aware of the present moment.

Benefits of Mindfulness
One of the most sought benefits of mindfulness is learning to respond better to negative emotional states such as anxiety, stress, anger and regret. However, the benefits of mindfulness extend both more broadly and fundamentally.

Through the skilful use of mindfulness, we can learn to interrupt habits, such as getting lost in our thoughts and rumination. It are these thoughts, often focusing on the future or past events, which can add stress or anxiety to the ever present pressures of everyday life.

With a consistent mindfulness practice, we can learn to better understand our mind, its activity and the thought processes that shape and condition our lives. Most importantly, we can learn to recognise and interrupt these unhelpful processes.

By being mindful, we take our life off ‘autopilot’ and start taking a more active control of our emotions, rather than being driven by them. As a result, we become able to cultivate states of positive psychological and physical wellbeing.

How to Practice Mindfulness
1. Thoughts and feelings
Mindfulness involves consciously trying to observe our thoughts and feelings. We try to observe them arising. We then try to observe them passing through us. Eventually, we try to observe them leaving us, ceasing to exist.
2. Non-judgement
Practicing mindfulness involves trying to not judge our experiences of our thoughts and feelings as either good or bad; we simply try to notice them. If we find ourselves passing judgment, we simply try to observe this judgment and let it go. Mindfulness is an emotionally non-reactive state.

3. Letting it go
Through mindfulness, we try not attach to thoughts. If a distressing thought comes to mind, we try to just notice it. We try to notice how it feels. Are there any accompanying physical sensations? How do they feel? Where are they felt? We are not trying to get rid of anything, or do anything with the thoughts and feelings. Just notice. Mindfulness is simply the noticing of our thoughts and feelings. Once we notice them, there is nothing further to do. They are just thoughts. They will come and they will go; they are fleeting.

4. Non-attachment
Though mindfulness we learn that it is the attachment to thoughts and feelings that can cause us distress. That is, ruminating on things that we cannot solve by thinking about them over and again. By practicing mindfulness, noticing our thoughts and letting them go, we can bolster ourselves against the potentially negative effects of holding on to these thoughts and the potential stresses and anxiety that they may bring.

When should I practice mindfulness?
Mindfulness can be practiced anywhere, at any time. Your next meal is a good opportunity to practice mindfulness. As you eat, try to eat very slowly, consciously chewing your food. Notice how you feel in the moment. Pay attention to how the food tastes and feels in your mouth and the sensation of swallowing. Be aware of your level of enjoyment. Notice how you feel. This is the practice of mindfulness. Paying attention to, and accepting the present moment for what it is, nothing more, nothing less.
JUNIOR SCHOOL MOTHERS’ AND GRANDMOTHERS’ DAY MASS

On the Friday before Mothers’ Day, 8th May 2015, the Junior School will be having a Mothers’ and Grandmothers’ Day Mass at 10.30 am at Our Lady of Dolours Church, Chatswood. All the boys’ mothers and grandmothers are invited. At the conclusion of mass we will have a morning tea for all the mothers and grandmothers, not the boys. There will also be a Mother’s day stall if you would like your son to buy you something. All the goods are made by the ladies of Candela in Peru (a shanty town) and all the proceeds are returned to them.

If you intend to come to the mass, please return this slip by Monday 4th May. We need to know numbers so we can plan accordingly.

A wonderful day of celebration of motherhood has been planned, if you wish to attend the mass could you please complete the reply slip below and have your son return it to his Junior School class teacher by Monday 4th May.

Yours sincerely

Timothy Long

MOTHERS AND GRANDMOTHERS MASS

I / We will be able to attend the mass and morning tea.

Number attending: ____________ (Don’t count your son)

Name/s: ____________________________________________________________

______________________________

Son’s name: ______________________ Class: ____________

Thank you
# CHESS DRAW FOR FRIDAY 1st MAY

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<thead>
<tr>
<th>NAME</th>
<th>MAY 1ST</th>
<th>TRANSPORT</th>
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<tr>
<td>Joshua Andrews</td>
<td>JN5 SPX B</td>
<td>St Aloys</td>
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<tr>
<td>Keegan Aikin1</td>
<td>JN5 SPX B</td>
<td>St Aloys</td>
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<tr>
<td>Jude Boyle1</td>
<td>JN5 SPX B</td>
<td>St Aloys</td>
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<tr>
<td>Tyson McCallum1</td>
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<td>St Aloys</td>
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<tr>
<td>Zac Forster1</td>
<td>JN5 SPX B</td>
<td>St Aloys</td>
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<tr>
<td>Riad Lahoud2</td>
<td>JN5 SPX E</td>
<td>Manly C</td>
</tr>
<tr>
<td>Nicolas Parton2</td>
<td>JN5 SPX E</td>
<td>Manly C</td>
</tr>
<tr>
<td>Liam Benson2</td>
<td>JN5 SPX E</td>
<td>Manly C</td>
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<tr>
<td>Cameron Chan2</td>
<td>JN5 SPX E</td>
<td>Manly C</td>
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<tr>
<td>Jack Connaghan4</td>
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<td>Jonathan Dellagiacoma4</td>
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<td>Ryan Jones4</td>
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<td>Maxim Wilden-Constantin*</td>
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<tr>
<td>Matthew Hogan3</td>
<td>JN4 SPX D</td>
<td>St Ignatius</td>
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<tr>
<td>Rory O'Connell3</td>
<td>JN4 SPX D</td>
<td>St Ignatius</td>
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<tr>
<td>Michael Setiawan3</td>
<td>JN4 SPX D</td>
<td>St Ignatius</td>
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<tr>
<td>Thomas Shallard3</td>
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<td>St Ignatius</td>
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<tr>
<td>Ethan Tat SPARE</td>
<td>JN4 SPX D</td>
<td>St Ignatius</td>
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<tr>
<td>William Clark</td>
<td>JN3 SPX C</td>
<td>Barker A</td>
</tr>
<tr>
<td>Jeremiah Cuachon</td>
<td>JN3 SPX C</td>
<td>Barker A</td>
</tr>
<tr>
<td>Joshua Foley</td>
<td>ROTATES</td>
<td>Barker A</td>
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<tr>
<td>Lachlan Green</td>
<td>JN3 SPX C</td>
<td>Barker A</td>
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<tr>
<td>Jonathan Ling</td>
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<tr>
<td>Ben Lamont</td>
<td>JN3 SPX C</td>
<td>Barker A</td>
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<tr>
<td>Neil D'Silva</td>
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<tr>
<td>Isaac Ballesty</td>
<td>IN4 SPX B</td>
<td>Marist Nth Shore</td>
</tr>
<tr>
<td>Matthew Gardiner</td>
<td>IN4 SPX B</td>
<td>Marist Nth Shore</td>
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<tr>
<td>Nicholas Mortimer</td>
<td>IN4 SPX B</td>
<td>Marist Nth Shore</td>
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<tr>
<td>Patrick O'Brien</td>
<td>IN4 SPX B</td>
<td>Marist Nth Shore</td>
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<table>
<thead>
<tr>
<th>Name</th>
<th>Train Code</th>
<th>Location</th>
<th>Train Destination</th>
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</thead>
<tbody>
<tr>
<td>Jack Maclaine</td>
<td>IN2 SPX C</td>
<td>Marist East B</td>
<td>Train Eastwood</td>
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<td>Peter Maniatis</td>
<td>IN2 SPX C</td>
<td>Marist East B</td>
<td></td>
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<tr>
<td>William Maniatis</td>
<td>IN2 SPX C</td>
<td>Marist East B</td>
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<td>Sean Gomez</td>
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</tr>
<tr>
<td>Daniel Marcellino</td>
<td>IN2 SPX C</td>
<td>Marist East B</td>
<td></td>
</tr>
<tr>
<td>Ewan Cranston</td>
<td>IN 3 SPX D</td>
<td>St Aloys</td>
<td>Train Milson Pt</td>
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<tr>
<td>Vincent Valerio</td>
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<td>St Aloys</td>
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<tr>
<td>Daniel Siwek</td>
<td>IN 3 SPX D</td>
<td>St Aloys</td>
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<tr>
<td>Stephen Derham</td>
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<td>St Aloys</td>
<td></td>
</tr>
<tr>
<td>Danny Youkhana3</td>
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<td>Shore</td>
<td>Train Nth Syd</td>
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<tr>
<td>Edwin Harjono</td>
<td>IN 3 SPX A</td>
<td>Shore</td>
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<tr>
<td>Louis Mosmann</td>
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<tr>
<td>chris Rec3</td>
<td>IN 3 SPX A</td>
<td>Shore</td>
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<tr>
<td>Adriano Papandrea</td>
<td>SPX SN2</td>
<td>Shore A</td>
<td>Train Nth Syd</td>
</tr>
<tr>
<td>Anthony Chu</td>
<td>SPX SN2</td>
<td>Shore A</td>
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</tr>
<tr>
<td>Liam Shatford</td>
<td>SPX SN2</td>
<td>Shore A</td>
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</tr>
<tr>
<td>Matthew Whitely</td>
<td>SPX SN2</td>
<td>Shore A</td>
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</tbody>
</table>
First games are this Saturday 2nd May. The Committee is finalising details around the launch of a weekly results flyer that will feature the results and photos from the weekend fixtures.

The results flyer will be emailed each Tuesday and made available on the Football Club webpages at the P&F website. We will be advising how parents can upload game photos for inclusion in the weekly flyer. It is intended that each week we will nominate a team of the week and showcase photos from their game. Keep an eye out for an email explaining how to get photos to us - we will need your support to make this a success.

We hope to have a full calendar of matches on our webpages soon.

We wish all our teams good luck this weekend and let’s make 2015 the most successful year ever for SPX Football -- **GO PIUS!!**

**See our webpages for News, Calendars, Photos and Draws:**


Rodger Paino
RUGBY CLUB NEWS

➢ RUGBY CLUB DINNER 2015 - EARLYBIRD EXTENDED TO SUNDAY 3rd MAY - DON'T MISS OUT!
BOOK NOW:  http://www.trybooking.com/125483

SPX RUGBY CLUB DINNER 2015 – MC Rod Kafer with Special Guest STIRLING MORTLOCK
Following the success of the sell-out 2014 SPX Rugby Club Dinner, the 2015 SPX Rugby Club Dinner will be held on the evening of Friday 15th May, at the Roseville Golf Club.

We encourage all SPX parents & supporters to get along to this event which is the key fundraiser for SPX Rugby, with all proceeds going to fund Rugby training and development programs across all SPX Age Groups. Get together with a few other parents to make up a table for your son’s team or Age Group, a great way to get to know the other parents with a guaranteed night of fun had by all! Further Details in the flyer on following pages. Bring your money with you!

CALLING FOR YOUR SUPPORT!
What better way to promote your or a friends business and support our boys than to donate a prize for the main or silent auctions on the night. We are seeking any type of prize, voucher or reward to fill the coffers for this valuable part of the fundraising, which is always strongly contested by fierce bidding across the tables. All donations will be recognised in the official program all attendees receive on the night. Please contact Rosemary Murphy to donate or for further details.
E: rugbyevents@pandf.spx.nsw.edu.au Ph: 0411 644 308

NEWS FROM 1st XV COACH FRANCIS CULLIMORE
The Australian Rugby Union has appointed Francis Cullimore in the role of National Men’s 7’s Development Assistant Coach, working alongside former national men’s coach Michael O’Connor. This new role is part time and will not affect his time allocated to St Pius Rugby, with Francis personally re-affirming his enduring commitment to Team Pius rugby and remaining his number one priority.

Congratulations to Francis, it is a great honour to be approached by the ARU and well-deserved recognition for a highly experienced and committed coach.

We are very fortunate to have Francis at St Pius and very much appreciate his efforts not only in leading our 1sts/Opens, but working closely alongside Mike, Steve and the entire rugby development, coaching and management staff plus the committee, throughout the entire year to make St Pius rugby as enjoyable and safe as possible for all our young men.

SUPER RUGBY – NSW WARATAHS V MELBOURNE REBELS, Sat 25th April.
A great turnout of SPX families watched a solid win by the Waratahs, and another inspiring man of the match performance by Michael Hooper, settling up 1 try and scoring another! An enjoyable evening was had by all and we look forward to continuing this Team Pius initiative inspiring our boys to both enjoy and achieve in their rugby.
SPX V ST STANISLAUS, AWAY AT BATHURST, SATURDAY 25TH JULY
As part of the ISA competition, each year SPX travels to either Bathurst or Orange. Parents and supporters always enjoy the opportunity to socialise by staying for a night or two.

Due to unforeseen circumstances all accommodation that suits SPX is unavailable due to a large event coinciding with our visit. We have arranged a great alternative in beautiful Blackheath, in the heart of the Blue Mountains and all that the area offers. Please refer to the flyers on following pages for details and to make your booking.

MOUTHGUARDS - LANE COVE DENTURE CLINIC
Nicholas Ivey (SPX Old Boy) is offering a 10% discount for all SPX students (and their family members) for professional, custom made, slim line mouthguards for all sports, which are now available at his Lane Cove Denture Clinic. Each mouthguard is tailored to the player’s activity and dental care needs, including accommodating and protecting existing orthodontic appliances, such as braces. On-site health fund rebates are also available. Phone Nicholas at Lane Cove Denture Clinic on 9411 1179 for an appointment.

TEAM/AGE GROUP MANAGERS
All SPX teams will need a parent to act as Team/Age Group Manager to support the Coaches. The Managers will co-ordinate any assistance required by the Coaches by way of:
• communication with parents and players about arrangements for training/games; and/or
• any support needed on game days when the Coaches are busy warming up and preparing the boys for their games e.g. if any assistance is required to get parent volunteers to organise water bottles, act as touch judges etc

Please contact me if you can assist you son by acting as a Team/Age Group Manager this season.

KEY DATES IN 2015 FOR SPX RUGBY SUPPORTERS
Please note the following dates in your diaries – more details will be communicated closer to the dates:
• Friday 15 May – SPX Annual Rugby Club Dinner – BOOK NOW!
• Saturday 23 May – ISA Round 1 vs St Gregory’s (Away)
• Term 2/Term 3 Holidays – Opens Rugby Tour (Queensland)
• Friday 24-Saturday 25 July – Parents & Supporters Trip to Bathurst - refer attached Flyer for accommodation options
• Saturday 15 August - P&F Trivia Night
• Tuesday 18 August – Rugby Presentation Night

For more information on everything SPX rugby, please refer to the Rugby Club website:
http://pandf.spx.nsw.edu.au/sports/rugby-club

David Bullard - SPX Rugby Club – 0491 119 113
rugbypresident@pandf.spx.edu.au

SPX Rugby Club Calendar is on the following page …
<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday</td>
<td>20-Apr</td>
<td>Term 2 Starts</td>
</tr>
<tr>
<td>Monday</td>
<td>20-Apr</td>
<td>Committee Meeting #8</td>
</tr>
<tr>
<td>Saturday</td>
<td>25-Apr</td>
<td>Waratahs vs Rebels</td>
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<tr>
<td>Saturday</td>
<td>2-May</td>
<td>Rugby Trial #3 - TBC</td>
</tr>
<tr>
<td>Monday</td>
<td>4-May</td>
<td>Committee Meeting #9</td>
</tr>
<tr>
<td>Saturday</td>
<td>9-May</td>
<td>Rugby Trial #4 vs St Patrick’s (H)</td>
</tr>
<tr>
<td>Friday</td>
<td>15-May</td>
<td>SPX Rugby Club Dinner</td>
</tr>
<tr>
<td>Saturday</td>
<td>16-May</td>
<td>Rugby Trial #5 vs Sydney High (H)</td>
</tr>
<tr>
<td>Saturday</td>
<td>23-May</td>
<td>Rugby ISA R1 vs St Gregory’s (A)</td>
</tr>
<tr>
<td>Saturday</td>
<td>30-May</td>
<td>Rugby ISA R2 vs Oakhill (A)</td>
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<tr>
<td>Monday</td>
<td>1-Jun</td>
<td>Committee Meeting #10</td>
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<tr>
<td>Saturday</td>
<td>13-Jun</td>
<td>Rugby ISA R3 vs St Patrick’s (A)</td>
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<tr>
<td>Thursday</td>
<td>18-Jun</td>
<td>Term 2 Finishes</td>
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<tr>
<td></td>
<td>TBC</td>
<td>Opens Rugby Tour QLD</td>
</tr>
<tr>
<td>Tuesday</td>
<td>14-Jul</td>
<td>Term 3 Starts</td>
</tr>
<tr>
<td>Tuesday</td>
<td>14-Jul</td>
<td>Committee Meeting #11</td>
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<tr>
<td>Saturday</td>
<td>18-Jul</td>
<td>Rugby ISA R4 vs Kinross/The Scots School (H)</td>
</tr>
<tr>
<td>Friday/Saturday</td>
<td>24-25 Jul</td>
<td>Parents &amp; Supporters Trip to Bathurst</td>
</tr>
<tr>
<td>Saturday</td>
<td>25-Jul</td>
<td>Rugby ISA R5 vs St Stanislaus (A)</td>
</tr>
<tr>
<td>Monday</td>
<td>27-Jul</td>
<td>Committee Meeting #12</td>
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<tr>
<td>Saturday</td>
<td>1-Aug</td>
<td>Rugby ISA R6 vs St Augustine’s (H)</td>
</tr>
<tr>
<td>Saturday</td>
<td>8-Aug</td>
<td>Rugby ISA R7 - A’s BYE/C’s vs BMGS (H)</td>
</tr>
<tr>
<td>Saturday</td>
<td>8-Aug</td>
<td>P&amp;F Trivia Night</td>
</tr>
<tr>
<td>Tuesday</td>
<td>18-Aug</td>
<td>Rugby Presentation Night</td>
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<td>Rugby Club AGM</td>
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<tr>
<td>Friday</td>
<td>18-Sep</td>
<td>Term 3 Finishes</td>
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**Term 2**

**Term 3**

**Committee Meetings**

**Social Activities**

**Trial Games**

**Training & Development Days**

**Tours/Camps**

**ISA Games**

Please check the Woodchatta each Wednesday afternoon for any changes to venues or start times which may arise during the course of the season.
SPX RUGBY WEEKEND AWAY – 24-25 JULY 2015

COMFORT INN - REDLEAF RESORT

13-17 Brightlands Avenue, Blackheath
Phone: 47878108
www.redleafresort.com.au

- 13 Queen rooms 1-2 people (1 queen bed) $115.00 per room
- 13 twins 2-3 people (1 double and 1 single) $130.00 per room
- 16 family rooms 3-4 people (1 double and 2 singles) $150.00 per room
- 2 (spa 2 bedroom suits) 6 people (1 queen in one room, 2 singles in other room & 2 sofa beds in lounge area) $190.00 per room
- 1 room (108) 5 people (1 queen in one room & 3 singles in the other room) $165.00 per room
- 1 room (109) 4 people (1 queen in one room & 2 singles in the other room) $155.00 per room

FRIDAY NIGHT DINNER: 2 course meal
$25 per person 2-12 years
$35 per person 12 years and up

SATURDAY BREAKFAST: full buffet Includes hot and continental buffet
$14.00 per person 2-12 years
$19.00 per person 12 years and up

Phone and book accommodation with the Resort as soon as possible as these 46 rooms will book out quickly. When booking ensure you mention that you are from SPX Rugby

FOR MORE INFORMATION PLEASE CONTACT:
ROSEMARY MURPHY: rugbyevents@pandf.spx.nsw.edu.au
(0411664308)
SPX RUGBY – YULEFEST PACKAGE

Winter 2015 at the Comfort Inn Redleaf Resort

Come to the Blue Mountains & enjoy the Wonder of Winter. During the day enjoy activities that the Blue Mountains have to offer and then relax and celebrate the magic of Yulefest at The Comfort Inn Redleaf Resort!

Dinner, Bed & Breakfast

$115.00 Queen or twin share for 2 people

$90.00 adults & $55.00 Children under 12

- Traditional 5 course Yulefest Dinner
- Entertainment, Decorations and Bon Bons
- Visit & Gift from Santa
- Full Buffet Breakfast $19.00 per person

The Yulefest package is available for Dinner on the 4th and 25th of July 2015

Other dates available for groups over 25 pax dinner or lunch

To celebrate Yulefest, make your reservation now.

Comfort Inn Redleaf Resort
Evans Lookout Road Blackheath
NSW 2785
Phone: (02) 4787 8108  Fax: (02) 4787 8907
reservations@redleafresort.com.au
SPX RUGBY DINNER

St Pius X Rugby Club Annual Dinner 2015

Our special guest for the evening is former Wallaby captain Mr Stirling Mortlock

Stirling Mortlock has scored over 1,000 points in 140 Super Rugby games and has won 2 super rugby titles (2001 & 2004) with the Brumbies. Stirling was named Super Rugby Player of the year in 2002. In 2009 Stirling became the highest point scorer in Super Rugby history and is one of six Brumbies to win 100 caps for the club. In 2010 Stirling played at the Brumbies with SPX’s Michael Hooper and later that year, Stirling signed with the Melbourne Rebels and in 2011 was named as their inaugural captain, playing with SPX’s Luke Jones.

With nearly 500 test points for the Wallabies and 80 caps Stirling has created many memorable moments for us all as a Wallaby and is a household name in rugby circles.

Stirling was made a Member of the Order of Australia in the 2012 Australia Day Honours List.

MC for the evening is former Wallaby and Fox Sports Commentator, Mr Rod Kater

Stirling will be our special guest for the evening where he will share his insights on the Wallabies, Super 15 and rugby in general. There will also be opportunity for you to ask Stirling questions. There will be an array of items auctioned, silent auctions and raffles.

Come and join the fun and support SPX Rugby at our major fund raising event for 2015

Friday 15th May 2015, 7pm to 11.30pm • Roseville Golf Club, 4 Links Rd, Roseville
Tickets: $155 per head - Early Bird Special $140.00 per head until 26/4/15

Bookings: Bookings close 8/5/15 - go to http://www.trybooking.com/125483
For more information contact: Rosemary Murphy: 0411 644 308 or rugbyevents@pandf.spx.nsw.edu.au
NEW OLD BOYS WEB SITE
The new Old Boys web site is currently under construction and it is hoped that it will be launched very soon. Stay tuned!

OLD BOYS NEWS
If you have some news for the old boys that you would like included in this section, please let us know at; info@oldboys.spx.nsw.edu.au

SPX OLD BOYS RUGBY – BROTHERS RUGBY CLUB SYDNEY

BROTHERS RUGBY – SEASON 2015:
Good luck to all teams this weekend.
Training – Roseville Chase Oval, 6.45pm Thursdays.
To get involved with your old boys rugby club, go to: www.brothersrugby.com.au

David Bullard ('82) – President SPX OBA & Brothers Rugby
info@oldboys.spx.nsw.edu.au
0407 864 357
GENERAL NOTICES

➢ FREE STUDENT EXCHANGE INFORMATION EVENING IN SYDNEY

FREE STUDENT EXCHANGE INFORMATION EVENING IN SYDNEY
Hear from returned students, find out more about discounts and scholarships available and ask questions.

Wednesday, 6th May - 7.30pm
Adina Apartment Hotel Sydney,
Cnr Kent & Bathurst Streets

Visit www.studentexchange.org.au
or call 1300 135 331 for more information

➢ GO4FUN FITNESS PROGRAM

A FREE 10 WEEK PROGRAM FOR KIDS AGED 7 TO 13 YEARS AND THEIR FAMILIES TO BECOME FITTER, EAT HEALTHIER AND IMPROVE THEIR SELF-ESTEEM.

With each passing week I could see my son gaining confidence and showing interest in physical activities.

Elizabeth Cheesman, Go4Fun parent

COMpletely FREE!

Go4Fun
Healthy Active Happy Kids

"With each passing week I could see my son gaining confidence and showing interest in physical activities."

Health Northern Sydney Local Health District

When
Wednesdays
4.30pm-6.30pm
Starts 22nd April

WHERE
Fix Australia
319 Penshurst St Chatswood

REGISTER NOW
FREECALL 1800 780 900 OR Go4Fun.COM.AU

TREACY COMPLEX ● Dreadnought Road, Oxford Falls NSW 2100 P(02) 9451 7375
E admin@stpiusx.nsw.edu.au www.spx.nsw.edu.au

ABN 50 451 308 630

A CATHOLIC BOYS’ COLLEGE IN THE EDMUND RICE TRADITION