From the Principal

**PRAYER: OUR LENTEN JOURNEY CONTINUES**

Amen, Amen, I say to you, unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit. Whoever loves his life loses it, and whoever hates his life in this world will preserve it for eternal life.

John 12:24-25

Next Sunday is Palm Sunday.

**EVERYTHING IS AN OPPORTUNITY FOR LEARNING**

The College P&F hosted a beautiful evening last Friday 20 March at Oxford Falls. It was an occasion where approximately 240 parents and staff joined together in an informal setting. Much went into the preparation of the evening and I join Mr Paul Hunt (President) in thanking the College P&F Social Committee led by Mrs Christine Pederson for their extraordinary work in bringing everything together for an enjoyable evening. Thank you to everyone.

I have had cause since the evening to reflect upon what at first impressions was a very harmless Irish joke I told but on deeper reflection I have reconsidered such jokes and have learnt that they can and do cause much anguish and may even be considered racist. To lampoon any race or person is harmful and not healthy and may even be considered bullying.
At the College we would condemn this and I would certainly champion and support every effort to stamp this out. What might thoughtlessly be considered funny may shield a deeper sentiment and an unconsidered perpetuation of a stereotype. Unintentionally and thoughtlessly we can fall short of that to which we aspire:

EQUALITY, RESPECT, HARMONY AND UNITY

This Friday, the College will mark the National Day against Bullying and Violence. The emphasis is on harmony. Let it begin with me. Let it begin with each of us. As we continue our Lenten journey to Easter we are called to examine ourselves to make ourselves a better person. This is my prayer.

STUDENT LEAVE – ADDITIONAL HOLIDAYS DURING TERM TIME
Parents need to be informed that The Board of Studies, Teaching and Educational Standards NSW (BOSTES) have advised all schools that holidays taken by students outside of school vacation periods will now be included as absences. A Certificate of Exemption can no longer be granted for this purpose.

When applying for additional absence from school, parents will be advised that taking students out of school for a holiday is considered as “unjustified absence and therefore recorded as A”. This is the clear direction of BOSTES.

STAFFING CHANGES TERM 2
Ms Natalie Rocca advised the College that she is discerning her future vocation and she has decided to begin the process of entering the order of The Dominican Sisters of Saint Cecelia which is an order of Religious Sisters in Nashville, Tennessee. Ms Rocca has resigned her position effective at the end of this Term. The College congratulates Ms Rocca and I invite you to pray for her and for her vocation and her discernment. It is indeed a blessing on her. We wish her every happiness. The College is currently finalising a new staff member to commence in Term 2.

Mr Bernard Batchelor will be on long service leave during Term 2. Mr Simon Yue will be Acting Year 11 Coordinator and Ms Rachel Mowle will be Acting Year 8 Coordinator.

Mrs Kerrie Naylor who works in the front office on Mondays and Fridays has resigned effective at the end of Term 1. Mrs Naylor will move to partial retirement and concentrate on the family business. We thank Mrs Naylor for her service to the College and her care for the students.

EREA has approved a short period of LSL for me (Mr Couani) for next week and Mr Olson will be Acting Principal.

From the Assistant Principal – Teaching and Learning

TERM 1 ACADEMIC REPORTS YEARS 7 TO 12
Dear Parents, your son is now well into his learning journey for 2015 and teachers are now preparing various reports to communicate student progress.

Year 12: A Mid-Course progress report will be issued early in Term 2 and the Parent Teacher Meetings will take place on the evening of Monday 4th May.

Year 11: Interim reports will be posted at the end of this Term and Parent Teacher Meetings are scheduled for the evening of Monday 29th April. Parents will soon be emailed with details on how they can go online to book their times to meet teachers.

Years 7 to 10 Interim Reports: These will be issued at the conclusion of Term 1.

The Parent and Teacher meetings for Years 7 to 10 will take place on Monday 13th July. This will allow Parents and Teachers to reference Semester One reports that will provide a more comprehensive range of information to discuss student progress. In the meantime, to improve communication to parents, I am pleased to announce that the Parent Portal will be made available early in Term 2. By accessing the Portal, parents will be able to monitor the progress of their son as marks for various assessment tasks will be published. You will also be able to view a schedule of assessment activities as well as Homework.
From the Assistant Principal – Mission and Identity

We are now entering into the latter stages of Lent and we challenged our young men to ask themselves if they have really embraced the Season of Lent. Have they truly carried out any acts of self-denial? In John’s Gospel, Jesus speaks to us saying, “Amen, Amen, I say to you, whoever hears my word and believes in the one who sent me has eternal life but will not come to condemnation, but has passed from death to life.”

It is certainly now time to enter into a period of reflection so as to truly appreciate and understand our faith where we offer forgiveness and through our words and actions fully embrace the examples of Jesus that we have learned through the gospel teachings.

Lent is about fasting, abstaining and prayer. Contributing to the Project Compassion Appeal allows us to perform acts of self-denial. Our last opportunity for Morning Prayer during Lent is this Friday, 27th March in LC2 commencing at 8.10am. Eric Sturt-Jones led our Prayer beautifully last Friday and all present wrote a Special Prayer of Intention and placed it in our Clay Urn to be offered up at our Easter Liturgy. We prayed particularly for our Year 12 students who have commenced their Mid-Course Examinations this week. May their every effort be well rewarded.

Year 11 had a very successful Reflection Day at Oxford Falls last Thursday, where our young men embraced the importance of self-respect and empathy for their peers, as they continue to grow and embrace their ever increasing roles in the leadership of our college. The day was a watershed moment for our boys as they shared the utmost respect for each other, to build upon their trust and grow in their personal comfort zone as a Year group. The presentation by the Reach Foundation has certainly laid an excellent foundation that we will build upon in their next two Reflection Days later this year.

Last Friday also at Oxford Falls, our Year 10 students commenced the first of their three Reflection Days. Our boys reflected on the significance of their Journey in Life, identifying the challenges and hurdles they will face in this Year of Maturity. The Day began with the Parable of the Sower, highlighting the importance of laying good foundations with an open mind, heart and spirit. Ex-Socceroo legend and now TV commentator, Paul Wade, spoke most inspirationally about his journey in life, sharing with the boys his hurdles and how he overcame them. The day concluded with the boys in quiet reflection of their journey ahead. Many thanks to Mr Pawlak, the Year 10 Pastoral Care Teachers, and the assistance from some Year 11 students, which ensured a most successful day.

Mr M Casey

Performing Arts News

THE DISSOLUTES: Congratulations to Sam John (Year 10), Nicholas Wellard (Year 11), Ben John and Josh Fox (Year 12) who were placed first in Heat 1 of the Northern Composure Band Competition last Friday night. They have progressed to the finals which will take place on Friday 10th April. Good luck boys!

INTERESTING NUMBERS! We have recently completed an audit of the number of students involved in the Performing Arts at the College. 284 students are enrolled for individual instrumental tuition and 517 students participate in 25 ensembles. The largest ensemble is the Junior Concert Band with 64 members, closely followed by the Senior Choir on 56 and Intermediate Concert Band on 55. All in all, I think this level of commitment and participation is something to be VERY proud of.

PERFORMING ARTS LEVY: This will be included on the Term 1 account which is sent on the last day of term. All students who participate in Music and/or Drama activities are charged this levy. Likewise, for those families who hire an instrument from the College, this will also be included on your Term 1 account.

MEET THE MUSIC: Students of Years 9, 10, 11 and 12 Elective Music will be attending the second concert in this series on Wednesday 22nd April (the third day back next term), 6.30pm at the Opera House. There are extra tickets available for the concert at a price of $26.00. If interested, please contact TBates@stpiusx.nsw.edu.au before the end of this term.

COLLEGE ORCHESTRA REHEARSAL: As the College Orchestra will have a major role to play in our ANZAC Ceremony on Friday 24th April, there is a need to hold an additional after school rehearsal on Tuesday 21st April (the second day back next term). All students needs to advise their sporting coaches of this before the end of Term 1.

Ms T Bates – Performing Arts Coordinator
Your P&F In Action!

**COCKTAIL PARTY**

Over 250 parents turned out for a brilliant evening last Friday. Sincere thanks go to our resident wizard Christine Pedersen who planned and coordinated an amazing group of people to make the night a wonderful success.

Thankyou everyone, and thankyou also to our School Leaders Mr Couani and Mr Long, who give so much of their own time to attend these events and make them super special.

Steve Johnson - SPX P&F Secretary / Communications

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**House Vice-Captains for Semester 1, 2015**

Congratulations to the following students who have been elected House Vice-Captains for Semester 1, 2015 by their peers. These students will be asked to take a lead in upcoming events such as the Schools’ ANZAC Ceremonies, Camp Gallipoli (see the article later in this newsletter), winter cocurricular activities and Athletics Carnivals. The House Cup was keenly contested across a huge range of events last year and this year should be equally enthralling.

A leadership forum will be held in Term 2 with the objective of enhancing understanding of skills and challenges of leadership in context.

As of a few days ago, prior to adding points for those who attended the Liam Knight Walk Against Violence, the House Cup Points Totals were as follows:

- **Barron** 1950
- **Purton** 2175
- **Rice** 2050
- **Treacy** 2200

As you can see, with points for Cross Country and Camp Gallipoli participation still to be added, all Houses are very much in the hunt for Term 1 honours.

<table>
<thead>
<tr>
<th>Year</th>
<th>Barron</th>
<th>Purton</th>
<th>Rice</th>
<th>Treacy</th>
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</thead>
<tbody>
<tr>
<td>11</td>
<td>Luke Humphrey</td>
<td>Christian King</td>
<td>Patrick Ventura</td>
<td>Thomas Graziotto</td>
</tr>
<tr>
<td>10</td>
<td>Matthew Fox</td>
<td>Daniel Greenland</td>
<td>Joseph Unwin</td>
<td>Jesse Kerlin</td>
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<tr>
<td>9</td>
<td>Nathan Mellino</td>
<td>Bradley Pascoe</td>
<td>Phillip Cullen</td>
<td>Steven Ho</td>
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<tr>
<td>8</td>
<td>Adrian Jason</td>
<td>Matthew Chicco</td>
<td>Declan Langreiter</td>
<td>Jarvis Heame</td>
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<tr>
<td>7</td>
<td>Zachary Bull</td>
<td>Conor Montgomery</td>
<td>Jack Garrett</td>
<td>Tristan Farnworth</td>
</tr>
</tbody>
</table>

Mr S Brannan – Head of Student Services

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**Camp Gallipoli**

It’s time to commit to joining our contingent who will attend the Centennial Park based swag camp. Our group will leave Chatswood after lunch on Friday 24th April and celebrate the Centenary over night with concerts, documentaries, parades and Dawn Service on the 25th. Identity Prefect Tyler Jarvis has been highlighting the event at recent assemblies and we would like students, parents and significant others to commit via the try SPX trybooking website: [http://www.trybooking.com/110052](http://www.trybooking.com/110052). Further details of the event are available by visiting the Camp Gallipoli website.

Mr S Brannan – Head of Student Services
MindMatters for Families

10 WAYS TO BUILD RESILIENCE
(Posted on February 2, 2015 by Shridevi)

Many people react to life’s challenging experiences with strong emotions and a sense of uncertainty. Yet people generally adapt well over time to changing situations and stressful conditions. Resilience is the process of learning to ‘bounce back’ from adversity, trauma, tragedy and other significant sources of stress.

Resilience is not a trait that people are born with. It involves behaviours, thoughts and actions that can be learned and developed.

A combination of factors contribute to resilience:

- The capacity to make realistic plans and take steps to carry them out
- A positive view of yourself and confidence in your strengths and abilities
- Skills in communication and problem solving
- The capacity to manage strong feelings and impulses.

10 Ways to Build Resilience:

1. Make connections.
2. Avoid seeing crises as insurmountable problems.
3. Accept that change is a part of living.
4. Move toward your goals.
5. Take decisive actions.
7. Nurture a positive view of yourself.
8. Keep things in perspective.
9. Maintain a hopeful outlook.
10. Take care of yourself.

Please see Woodchatta Extras for the full article.

ROCKCLIMBING ACTIVITY – FRIDAY 20 MARCH

Our senior mentors enjoyed the opportunity to take the buddies on a rock climbing activity last Friday. Congratulations to those seniors involved for giving of their time to strengthen the bonds of friendship amongst the Year 7 and 8 boys who were the recipients of your support and encouragement.

Thanks also to Ms Mowle for supporting the group and for providing supervision throughout the afternoon.
Enrolments for Years 5, 6 and 7, 2017
Application forms are available from the College office. A reminder that applications close 30 April 2015.

Ms M King/Ms C Jennings – Enrolment Registrars

Careers News
AUSTRALIAN DEFENCE FORCE – LUNCHTIME SESSION
Senior students had the opportunity to find out about career pathways in the Australian Defence Force at a lunchtime session last week. Careers range from trades, logistics, engineering and business, just to mention a few. Information about ADFA, Officer Programs and general entry options was also presented.

Career opportunities are diverse in the Defence Force and offer many benefits such as medical care and subsidised housing.

More information can be found at www.defencejobs.gov.au/


Ms D Janes – Careers Adviser

Homework Help
Homework Help will be held every Tuesday to Thursday inclusive after school from 3.15pm - 4.00pm in the Senior Resource Centre. Students are to be actively engaged in school work, reading or study. All ages and levels of ability are welcome to attend, so come along and take advantage of the service.

Ms S Blanchard – Special Education Teacher

Information for Year 11 Parents
The second Year 11 Newsletter was emailed to parents today.

Mr B Batchelor – Year 11 Guidance Coordinator

Duke of Edinburgh’s Award
With the Holidays fast approaching, many Duke of Edinburgh students may be looking at enrolling in a Practise or Qualifying camps. This is a great time of the year to participate as the weather is not too hot or cold. There are several highly qualified providers that you may like to research and book your Adventurous journey with. Places fill up quickly so students are encouraged to enrol this week and bring in a copy of enrolments to Mrs Manga. Students do not have the College’s consent to partake in any Adventurous Journey without having discussed the details of the proposed expedition first and having the correct paperwork signed off and completed online.

Here are some sights to explore:

Best wishes and happy hiking!

Mrs K Manga - Convenor
Debating & Public Speaking

St Pius was successful in six out of the ten ‘friendly’ debates against Loreto Normanhurst last Thursday 19th March.

12A won: Loreto’s 12B team withdrew so our year 12 CSDA qualified adjudicators, Lyndon Maher and Harry Vinter adjudicated both Year 7 debates. Thank you to the Year 12 students who stayed behind to support the 12A team.

11A & 11B won: St Pius Year 11A debated a Loreto Year 12 team and Pius won

10A won (No 10B debate)

8A & 8B won

Yr 7: Matthew Star of Year 7 debated in a Year 8 team and St Pius won

CSDA SEASON ROUND 1 - Friday 27th March (week 9)

St Pius will be travelling to Christian Brothers’ College, Lewisham. All debaters will move straight to training at 3.15pm on Friday afternoon. We will be leaving Pius at around 4.30pm on a hired bus to travel to Christian Brothers’ College, Lewisham for a 6pm coin toss. NO STUDENTS ARE ALLOWED TO LEAVE THE SCHOOL GROUNDS TO PURCHASE THEIR DINNER ON FRIDAY AFTERNOON. STUDENTS MUST BRING ANOTHER SANDWICH AND A DRINK FOR THEIR SUPPER. Preparation is one hour so debates should commence at around 7.15-7.30pm. Parents are more than welcome to come and support their son/s in their debates.

ALL STUDENTS WILL NEED TO BE PICKED UP FROM CHRISTIAN BROTHERS’ COLLEGE, LEWISHAM AT AROUND 8.15PM. ALL STUDENTS STAY WITH THE PIUS STAFF UNTIL THEY ARE COLLECTED BY PARENTS. THERE IS NO RETURN BUS TO CHATSWOOD.

All 7 – 10 teams need to prepare for the TECHNOLOGY subject area.

All debaters MUST COMPLETE THE “CSDA CODE OF CONDUCT” FORM AND RETURN IT TO YOUR COACH BEFORE WEDNESDAY THIS WEEK. .....EVEN IF YOU THINK THAT YOU HAVE COMPLETED IT YOU NEED TO DO IT AGAIN AS MOST FORMS ARE NOT SIGNED BY BOTH PARENT AND STUDENT.

Round 2 of the CSDA competition will be held Friday 24th April, WEEK 1 TERM 2. Venue still to be posted.

Ms M Waterson

Junior School News

SAY NO TO BULLYING

Congratulations to Mihir for receiving a Highly Commended award for the ‘Say No to Bullying’ poster competition. It is clever and creative, and has a lot of great messages within it. Unfortunately Mihir didn’t get to meet the governor at the award ceremony as he was having fun on camp.

We are celebrating the National Day Against Bullying this Friday. Hopefully lots of good lessons will be learnt.
YEAR 5 CAMP
We were blessed with perfect weather and the boys had a great time. The giant swing is always a popular activity but we had some great archers, fencers and kayakers. Some of the dampers looked a little burnt for my liking but the boys enjoyed them. Hopefully the boys came back with some more confidence and new friends.

Don’t argue with him!

Or them!

Big children had fun!

But it can be a hot job!

And tiring too!

YEAR 6 CAMP
The boys had a wonderful trip to Canberra. We visited Questacon at night for the first time and that was a great success. Year 6 also enjoyed their time at the Australian Institute of Sport and the War Memorial is always interesting.

Mr T Long – Head of Junior School
Senior School Sport

FOOTBALL
Dear Parents and Players, this weekend we have our traditional preseason fixture against St Aloysius. There is a combination of home and away venues so please check the draw carefully. Good luck to all teams.

Please note that training next week will be on Monday ONLY.

**Walsh and Watkins Fields**: 1 Dreadnought Rd, Oxford Falls
**St Aloysius College Oval**: Tyneside Ave, Willoughby.

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<thead>
<tr>
<th>Team</th>
<th>Time</th>
<th>Opposition</th>
<th>Venue</th>
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<tbody>
<tr>
<td>1st X1</td>
<td>10.15</td>
<td>St Aloysius</td>
<td>College Oval</td>
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<tr>
<td>2nd X1</td>
<td>9.00</td>
<td>St Aloysius</td>
<td>College Oval</td>
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<tr>
<td>3rd X1</td>
<td>8.00</td>
<td>St Aloysius</td>
<td>College Oval</td>
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<tr>
<td>4th XI</td>
<td>8.00</td>
<td>St Aloysius</td>
<td>Walsh</td>
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<tr>
<td>16A</td>
<td>9.00</td>
<td>St Aloysius</td>
<td>Watkins</td>
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<tr>
<td>16B</td>
<td>8.00</td>
<td>St Aloysius</td>
<td>Watkins</td>
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<tr>
<td>15A</td>
<td>1.00</td>
<td>St Aloysius</td>
<td>Walsh</td>
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<tr>
<td>15B</td>
<td>12.00</td>
<td>St Aloysius</td>
<td>Walsh</td>
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<tr>
<td>14A</td>
<td>11.00</td>
<td>St Aloysius</td>
<td>Walsh</td>
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<td>14B</td>
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<tr>
<td>14C</td>
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<td>Watkins</td>
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<td>13A</td>
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<td>13B</td>
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<tr>
<td>13C</td>
<td>12.00</td>
<td>St Aloysius</td>
<td>Watkins</td>
</tr>
<tr>
<td>13D</td>
<td>1.00</td>
<td>St Aloysius</td>
<td>Watkins</td>
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</tbody>
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**CRICKET**
Player of the week: **Sam Dixon** 50* (SPX Purple)

**Cricket Presentation Night**: Thursday 30 April 2015, 7 for 7:30pm in the Chatswood Gym. This is a compulsory event for all players.

<table>
<thead>
<tr>
<th>TEAM</th>
<th>RESULTS (21/03/15)</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPX White U13 MWJCA</td>
<td>SPX White 113 defeated by Peninsula Tiger Sharks 9/188 2 day game in progress</td>
</tr>
<tr>
<td>SPX Green U14 MWJCA</td>
<td>SPX Green 69 vs St Augustines Gold 2/43</td>
</tr>
<tr>
<td>SPX Yellow U16/18 MWJCA</td>
<td>SPX Yellow 140 (N Slack 30) defeated by Wakehurst Red 286 (J Maclaine 3/18, TA Robertson 2/45)</td>
</tr>
<tr>
<td>SPX Purple U16/18 MWJCA</td>
<td>SPX Purple 169 (S Dixon 50, R Kelleher 44, WO Roser 31) defeated by St Augustines Red 182 (L O’Connell 2/2, R Kelleher 2/3, WO Roser 2/26)</td>
</tr>
</tbody>
</table>

Mr S Yue - Convenor

Mr D Reay - Convenor
RUGBY

There has been a change to the Rugby Schedule on the 28th of March. Initially we were set to host only the Under 14s and 15s against St. Aloysius but now we will host under 13 matches and all under 16 fixtures.

The Under 16C side will debut for our Club for the first time in a few seasons and we now have a 13D side. Please note that the Under 16As have changed venues from St.Aloysius to Oxford Falls.

Easter Rugby Camp – Notes were handed out at the parent information night and at school during a meeting in the gym.

- 7th - 9th April for Seniors.
- 10th April for Primary.
- T-Shirt Provided/Lunch Provided/Buses Provided to and from Oxford Falls.
- Highly Experienced 1ST Grade Coaches/Players running workshops.
- $100.00 for Seniors/ $40.00 for Primary.
- Registration cards will be taken at the parent info night.
- Registrations close on the 28/4.

SATURDAY 28TH MARCH

<table>
<thead>
<tr>
<th>Team</th>
<th>Time</th>
<th>Opposition</th>
<th>Venue</th>
<th>Team</th>
<th>Score</th>
<th>Best &amp; Fairest (3,2,1)</th>
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<tbody>
<tr>
<td>1st</td>
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<td>St Aloysius College Oval</td>
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<td>St Aloysius College Oval</td>
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<td>BYE</td>
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<td>3rd</td>
<td>NO GAME</td>
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<tr>
<td>16A</td>
<td>1.00</td>
<td>St. Aloysius</td>
<td>Chaplin 1</td>
<td>16A</td>
<td>27-0</td>
<td>D Easy C Henry R Bento</td>
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<td>16B</td>
<td>12.00</td>
<td>St. Aloysius</td>
<td>Chaplin 1</td>
<td>16B</td>
<td>26-0</td>
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<td>16C</td>
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<td>St. Aloysius</td>
<td>Chaplin 1</td>
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<td>15A</td>
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<td>13 A</td>
<td>1.00</td>
<td>St. Aloysius</td>
<td>Chaplin 2</td>
<td>13 A</td>
<td>41-27</td>
<td>D Dingley S Dingley S Price</td>
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<td>13 B</td>
<td>12.00</td>
<td>St. Aloysius</td>
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<td>13 B</td>
<td>19-5</td>
<td>D Wright J Tobin L Vinci</td>
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<tr>
<td>13 C</td>
<td>11.00</td>
<td>St. Aloysius</td>
<td>Chaplin 2</td>
<td>13 C</td>
<td>24-17</td>
<td>L Wareham N Carr H Clayton</td>
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<tr>
<td>13 D</td>
<td>10.00</td>
<td>TBA</td>
<td>Chaplin 2</td>
<td>13 D</td>
<td>NO GAME</td>
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</tbody>
</table>

RESULTS SATURDAY 21ST MARCH

Trainin can be fun and is necessary but there is no substitute for playing! Saturday’s trial against Cranbrook gave all our players opportunity to demonstrate their talent.

Team St Pius X Rugby continues to demonstrate how well we can play rugby. Once again we had more wins than losses with our 13s winning all 3 games and our 16s winning both games, Mr Pawlak being particularly pleased with our U16’s performance.

Our 16A rugby side scored a very convincing 27-0 victory against Cranbrook last Saturday. The team enjoyed the vast majority of possession and territory for the entire match. With the score only 7-0 at the break the team needed to be more in control at the breakdown during the second half, they were able to do this resulting in four unanswered second half tries. Of note was the Pius scrum winning five against the head. Great games from Clay Henry and Dominic Easy.

Down below, the Dingleys (all of them) were very prominent in our 13s teams and Joel Price continued his excellent attitude at training by performing really strongly. Mr Olsen praised the team’s defence and support play but asked for more accuracy at the tackle contest. The tackle contest should be the theme for this week’s work. If we get this area of the game right we will really enjoy our running rugby.

Mr S Hopley – Convenor

Mike Penistone – Rugby Development Officer
CROSS COUNTRY REPORT 2015
School House Cross Country Championship Results

YEAR 7
House
1st Purton
2nd Barron
3rd Treacy
4th Rice

Individual
1st: K. O’Brien
2nd: M. Bradley
3rd: W. Hay

YEAR 8
House
1st Barron
2nd Purton
3rd Treacy
4th Rice

Individual
1st James Bragg
2nd Thomas Hunt
3rd Jack Berte

2015 ISA Cross Country Results
Congratulations to all boys who participated and gave their best competing for the College at the annual ISA Cross Country Carnival at Chevalier College, Moss Vale. It is a long way from Chatswood and nearly all of the runners had other sporting commitments that they could have competed in. Unfortunately this year a number of our key runners were unable to attend and compete and this had an impact on our results especially in the Under 16 and Under 15 age groups.

Thank you for the support of parents and Captains Aaron Parker and Toben Wilson on the day.

ISA Cross Country Results
- Junior Boys: 2nd
- Intermediate Boys: 9th
- Senior Boys: 6th
- Overall: 7th out of 15 Schools

Special Mentions:
- Congratulations to the following runners who were selected to run for the ISA at the CIS Cross Country:
  - Toben Wilson, Jamie Ferreira, Jack Berte, Gary Mullins, James Bragg, Griffin Kirwan and Sean Gillott
  - James Bragg U13s - 3rd
  - Griffin Kirwan U 15s - 1st
  - Fantastic team spirit in the under 13s and under 15s

Mr R Lacey - Convenor

NSTA TENNIS
Last Saturday was the Finals and Play-Offs for NSTA tennis and the conclusion of the Term 1 Competition. Of the 32 teams this season, 16 teams made the finals and 9 of those teams won their finals. The rest of the teams competed in Play-Offs for 3rd, 4th, 5th and 6th positions in their Divisions. Unfortunately, the wet weather caused a few problems and some games were washed out, however most games were played through the rain. A huge congratulations to all of the winning teams and commiserations to those teams who narrowly missed out or were washed out on the day.

The results from Saturday’s Finals were:

<table>
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<tr>
<th>Division</th>
<th>St Pius Team</th>
<th>Opponent</th>
<th>Result</th>
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<tbody>
<tr>
<td>2</td>
<td>SPX 3</td>
<td>Redlands 4</td>
<td>Won</td>
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<tr>
<td>4</td>
<td>SPX 6</td>
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<td>SPX 10</td>
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<td>SPX 11</td>
<td>Online Tennis 2</td>
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<td>7</td>
<td>SPX 12</td>
<td>Barker Girls 5</td>
<td>Lost (Washout)</td>
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<tr>
<td>9</td>
<td>SPX 14</td>
<td>SPX 13</td>
<td>Won</td>
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<tr>
<td>11</td>
<td>SPX 17</td>
<td>Match Point 8</td>
<td>Won</td>
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<tr>
<td>12</td>
<td>SPX 19</td>
<td>Redlands 14</td>
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<td>13</td>
<td>SPX 21</td>
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<td>SPX 22</td>
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<td>15</td>
<td>SPX 25</td>
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<tr>
<td>16</td>
<td>SPX 27</td>
<td>MAD 3</td>
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<td>17</td>
<td>SPX 29</td>
<td>St. Aloysius 2</td>
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Other Play-Off Results included:

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<tr>
<th>SPX Team</th>
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<tr>
<td>1</td>
<td>Redlands 3</td>
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<tr>
<td>2</td>
<td>Match Point 1</td>
<td>Washout</td>
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<tr>
<td>4</td>
<td>Redlands 7</td>
<td>Won</td>
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<tr>
<td>5</td>
<td>Barker 1</td>
<td>Lost</td>
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<tr>
<td>7</td>
<td>Online Tennis 1</td>
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<td>8</td>
<td>Barker Girls 3</td>
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<td>9</td>
<td>Barker Girls 4</td>
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<td>15</td>
<td>Barker 6</td>
<td>Lost</td>
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<tr>
<td>16</td>
<td>Redlands 12</td>
<td>Won</td>
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<tr>
<td>18</td>
<td>Riverview 5</td>
<td>Won (Forfeit)</td>
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<tr>
<td>20</td>
<td>Barker 8</td>
<td>Lost</td>
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<tr>
<td>26</td>
<td>Reddam 6</td>
<td>Won</td>
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<tr>
<td>28</td>
<td>SPX 30</td>
<td>Won</td>
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<tr>
<td>31</td>
<td>SPX 32</td>
<td>Lost</td>
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</tbody>
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I would like to thank all of the players and their parents for their support of the new format of NSTA Tennis this year. I would also like to warmly thank Ms Iwatani, Ms Keighery and Ms Meale for their wonderful assistance and hard work throughout the season. I look forward to seeing you all again in Term 4.

Mrs J Schuster - NSTA Convenor

**BOXERCISE FOR FITNESS & FUN**

Boxercise is available for all students every Thursday and Friday morning at 7.30am in the Blue Room. Please contact Mr Russo if you have any queries.

**Junior School Sport**

**Thursday Sport:** Sport at Oxford Falls. Winter trials resume for Football, Rugby and Winter NSTA Tennis.

**Summer Sports Photos:** Order forms are due back by 31st March. There are spare copies available from the office and in Woodchetta Extras.

**Football:** Internal trials continue at Thursday at Sport this week. Boys require a full change of clothes, including jersey, shorts, socks, boots and protective gear (shin guards are compulsory). For training / trials this gear does not have to be St Pius issued, though now is the time to prepare for the season and purchase the required uniform from the Uniform Shop. Our season begins on 2nd May. The Season Draw and an information letter are now available on the website (http://www.spx.nsw.edu.au/beyond-classroom/dsp-default.cfm?loadref=73)

**Rugby:** Thanks to all for great punctuality and attendance at our trial games last Saturday. It was good to get an early season hit-out, though we are clearly very rusty. We welcome back all Cricketers and Tennis players now as we prepare for the season proper beginning on Sat 2nd May. The Season Draw and an information letter are now complete and available on the website (http://www.spx.nsw.edu.au/beyond-classroom/dsp-default.cfm?loadref=73)

**Rugby Tour:** We’ll continue to train as part of Thursday Sport. A reminder of our preparation trial game against Gordon at Beauchamp Oval, Chatswood – Tuesday 31st March at 4.15pm.

**NSTA Tennis (Term 2/3 Winter Competition):** Trials for the Term 2/3 winter Tennis competition will take place at Thursday Sport this week.

Mr G Virgona – Junior School Sportsmaster
Uniform Shop

TRADING HOURS – MONDAYS, TUESDAYS & WEDNESDAYS 8.00AM – 1.30PM

Only one more week left in Term 1 to purchase at the Uniform Shop!

Last day for trading in Term 1 is Wednesday 1 April. The Uniform Shop reopens on Monday 20 April, first day of Term 2.

- A reminder that boys return to school in Term 2 in full winter uniform – only 1 week left to purchase items.
- Most blazers are now available
- All sports gear is also available.

Orders can also be placed either by phoning the shop or sending an email to uniformshop@stpiusx.nsw.edu.au. Parents are reminded that the Uniform Shop also sells second-hand school uniforms. Enquiries 9414 4339.

A price list is available on the College website http://www.spx.nsw.edu.au/facilities-resources/dsp-default.cfm?loadref=83

Mrs D Muirhead – Coordinator

Canteen Roster

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<thead>
<tr>
<th>30/3 – 1/4</th>
<th>Term 2 20/4 – 24/4</th>
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<td>Mon</td>
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<tr>
<td>C Hughson, F Roberts, K Onslow, M Calamos, C Zantiotis</td>
<td>C Parker, P Thornton, J Hearne, D Harris, J Ansted, L Johnston, A Stewart</td>
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<td>Wed</td>
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<td>B Hodgson, K McElvogue, J Clarke, T Zalidas</td>
<td>K Whale, K Boccanfuso, R Foberts</td>
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<td>Thurs</td>
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<td>M Di Salvatore, K Vaccher, A Burton</td>
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<td></td>
<td>Fri</td>
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<td></td>
<td>M Currington, A Simpson, R Nolan, M Sheehan, F Varlow, J Della Picca, C Sweeney</td>
</tr>
</tbody>
</table>

COLLEGE ● 35 Anderson Street, Chatswood NSW 2067 P(02) 9411 4733 F(02) 9413 1860  
TREACY COMPLEX ● Dreadnought Road, Oxford Falls NSW 2100 P(02) 9451 7375  
E admin@stpiusx.nsw.edu.au www.spx.nsw.edu.au  
ABN 50 451 308 630  
A CATHOLIC BOYS’ COLLEGE IN THE EDMUND RICE TRADITION
The following information is contained within this week’s Woodchatta Extras. 
Click on the link below to take you straight to that section.

**CAREERS NEWSLETTER:** Please go to: http://www.spx.nsw.edu.au/news-events/dsp-resource.cfm?loadref=167

1. **MINDMATTERS FOR FAMILIES: 10 WAYS TO BUILD RESILIENCE**
2. **FOOTBALL CLUB NEWS: FOOTBALL SKILLS HOLIDAY CAMP**
3. **CRICKET MATCH REPORTS**
4. **RUGBY CLUB NEWS**
5. **SPX RUGBY 2015 CALENDAR**
6. **SPX RUGBY WEEKEND AWAY**
7. **SPX RUGBY YULEFEST PACKAGE**
8. **SPX RUGBY DINNER**
9. **OLD BOYS NEWS**
10. **GENERAL NOTICES**
    - GLENAEON HOLIDAY CARE PROGRAM
MindMatters for Families
10 Ways to Build Resilience

Posted on February 2, 2015 by Shridevi

Many people react to life’s challenging experiences with strong emotions and a sense of uncertainty. Yet people generally adapt well over time to changing situations and stressful conditions. Resilience is the process of learning to ‘bounce back’ from adversity, trauma, tragedy and other significant sources of stress.

Resilience is not a trait that people are born with. It involves behaviours, thoughts and actions that can be learned and developed.

A combination of factors contribute to resilience:

- The capacity to make realistic plans and take steps to carry them out
- A positive view of yourself and confidence in your strengths and abilities
- Skills in communication and problem solving
- The capacity to manage strong feelings and impulses.

10 WAYS TO BUILD RESILIENCE

1. **Make connections.** Good relationships with family members, friends or others are important. Accepting help and support from those who care about you strengthens resilience. Some people find that activity in local groups provides social support. Assisting others in their time of need can also benefit the helper.

2. **Avoid seeing crises as insurmountable problems.** You can’t stop highly stressful events, but you can change how you interpret and respond to these events. Try looking beyond the present to how future circumstances may be a little better. Note any subtle ways in which you might already feel somewhat better as you deal with difficult situations.

3. **Accept that change is a part of living.** Certain goals may no longer be attainable as a result of adverse situations. Accepting circumstances that cannot be changed can help you focus on circumstances that you can alter.

4. **Move toward your goals.** Develop realistic goals. Do something regularly — even if it seems like a small accomplishment — that enables you to move toward your goals. Instead of focusing on tasks that seem unachievable, ask yourself, “What’s one thing I know I can accomplish today that helps me move in the direction I want to go?”

5. **Take decisive actions.** Act on adverse situations as much as you can. Take decisive actions, rather than detaching completely from problems and stresses and wishing they would just go away.

6. **Look for opportunities for self-discovery.** People often learn something about themselves and may find that they have grown in some respect as a result of their struggle with loss. Many who have experienced tragedies and hardship have reported better relationships, greater sense of strength even while feeling vulnerable, increased sense of self-worth, a more developed spirituality and heightened appreciation for life.

7. **Nurture a positive view of yourself.** Developing confidence in your ability to solve problems and trusting your instincts helps build resilience.
8. **Keep things in perspective.** In trying times, try to consider the stressful situation in a broader context and keep a long-term perspective. Avoid blowing the event out of proportion.

9. **Maintain a hopeful outlook.** An optimistic outlook enables you to expect that good things will happen in your life. Try visualizing what you want, rather than worrying about what you fear.

10. **Take care of yourself.** Pay attention to your own needs and feelings. Engage in activities that you enjoy and find relaxing. Exercise regularly. This will help to keep your mind and body primed to deal with situations that require resilience.

While these tips provide a good useful starting point, it is important to remember that the key is to identify ways that are likely to work well for you as part of your own personal strategy for fostering resilience. For example, some people write about their deepest thoughts and feelings related to trauma or other stressful events in their life. Meditation and spiritual practices help some people build connections and restore hope.

*Rick Russo – College Counsellor*
Football Skills Holiday Camp

WHAT: The FC committee has organised a football skills camp in the Term 1 holidays. FFA qualified coaches, age-based groups. Includes BBQ lunch and a drink as well as fruit each day. Format includes skills & drills, small games and a mini World Cup on the last day.

WHEN: Wednesday 8th - Friday 10th April, 9:30am - 1:30pm

WHERE: Oxford Falls Campus

COST: $165 (includes lunch and transport - if required)

HOW: Book at www.trybooking.com/126595 (link also on the Football website)

TRANSPORT: 9am pickup / 2:15pm dropoff at Our Lady of Dolours

Please check our website regularly for all the latest Football information and great photos and news - http://pandf.spx.nsw.edu.au/index.php/sports/football

FC Committee
CRICKET MATCH REPORTS

MWJCA U12 Division 2 – 21/03/15, Round 12, Nolans #3, North Manly
St Pius X Blue 9/62 (L Chang 18*, T Wunsch 17*) defeated by Peninsula Pacers 5/108 (L Chang 2/8, R Kennedy 1/14, A Johnson 1/17)

It was a cold, grey, windy and wet morning that greeted the players. The weather became so poor that play was paused at one point, the players seeking cover from the rain.
The toss was won by the Pacers and they elected to bat first. The Blues initially showed prowess in the field, with two catches and a run out. Despite some early wickets and rain interruption, the Pacers were able to settle and achieve a respectable 108.

In response the Blues struggled in the face of some fierce bowling by the Pacers. An early order batting collapse saw the score at one stage 6/8. T Wunsch and L Chang stood out with a fine display of text book strokes. But it was not enough to rescue the match.
Special mention is made of:
Tom Miles for excellent fielding leading to a run out.
Catches by Liam Chang and Tom Wunsch (They had a really good day).
The whole team for the encouragement they gave each other throughout the game.

Thank you to the Umpires, Scorers, Coaches, Parents, and Players for making the season an enjoyable experience. I look forward to meeting you all again somewhere on the St Pius X sidelines.

Richard Boxall

MWJCA U16-18 – 14/03/15 & 21/03/15, Round 10, Killarney Heights Oval
St Pius X Yellow 140 (N Slack 30, J Brislan 24, A Graffeo 20, N Frayne 18) defeated by Wakehurst Red 286 (J Maclaine 3/18, T Robertson 2/48, B Jones 1/22, A Vinci 1/30, N Slack 1/31)

SPX Yellow finally limped home to close a very successful season in style. The previous round saw 2 key all rounders end their season through injury which left the bowling attack on day 1 a little light to compete against the second placed Wakehurst team.

All the bowlers worked hard and most got some reward, most notably Jack Maclaine whose 3/18 of 8 overs inspired the rest of the team to keep trying for the full 50 overs. Wakehurst’s Aquilina top scored with a very strong 104 from opening and whilst others followed his lead his innings ensured day 2 would be more about survival for the Yellow team.

Once again Nick Slack kept the batsmen pinned down with only 6 scoring balls from his first 5 overs, unfortunately when a batsmen hits out its either the bowlers figures or his wicket that fall victim, in this case the former.

Day 2’s challenge became one of who can play, Winter sport trials threatened to remove the remaining players likely to hold back the tide. Thanks to Nic Frayne and Jackson Brislan for stepping we managed to pull together 10 men, set down a plan to only bat once – it was unrealistic to chase victory, brave but not mad.

The early loss of Lochie May was not the start we’d hoped for but Alex Graffeo continued his purple patch opening and seeing the team to the drinks break. A short interlude for rain challenged the batsmen and bowlers alike and once restarted the rain came and went but the boys played on through.

Frayne, Sheehan and Brislan all played with great patience and skill, not just blocking but playing their shots and waiting for the opportunities the bowlers presented. Slack joined Jackson Brislan in the 29th over and batted through to be the last wicket to fall an hour and a half later in the 47th over. Close enough to time to call the game a first innings result and deservedly top scoring.

Finishing in the top half of the competition table was our stated aim at the start of the season, a wholly u15s team playing against U18s players and the best players of other junior clubs and schools.

Thanks to all the support crew in particular our Manager and Chief Scorer Marissa Sheetan and our roster of talented umpires who never complained come rain or shine as they often enjoyed the best seat in the house.

Coach : Alex Slack
In their last game of the season, St Pius X Purple U16-18 won the toss and surprisingly chose to bowl against one of the stronger batting line ups of the competition. St Augustine's raced off to a very strong start of 9 runs per over before steadying to 6 runs per over. SPX’s bowling length was a little inconsistent and the talented opposition batsmen capitalised on absolutely everything that was there to be hit, while also respecting the good deliveries.

A rare batting mix up allowed SPX a run out, thanks to Tom McKern and Ryan Kelleher, however there was very little other joy in the first session. After taking a bit of punishment in his first over, Tom Mullane recovered well in his second over with some good pressure and three consecutive dot balls, which was very rare for this innings. Tom was then rewarded next ball with a great wicket when a frustrated opponent played a strong shot towards wide long on, however Will Roser sprinted a mile from deep mid-wicket to cut off the shot and take a spectacular running catch on the boundary in front of the SPX spectators.

At the drinks break the instruction was to shake things up and try to change the momentum of the game because it was essential to slow the run rate down and take wickets. The opposition were on 2/145 off 24 overs (6 per over) and cruising, with their No. 3 Charles doing most of the damage. A call was made to change keepers, try a few changes in the bowling line up and the key instruction to make sure we got our length right.

The change back to opening bowler Will Roser paid off immediately with Will sending the stumps flying on the first delivery after drinks and a wicket maiden, the only maiden of the innings. Captain Tom McKern decided to stick with spinner Liam O’Neill who had conceded a few boundaries just before drinks, however it was a good call because Liam bowled a couple of good overs and took an amazing caught and bowled with a straight drive rocketing back to him like a bullet. In the next over Will Roser took his second wicket LBW and with 3 wickets falling for only 14 runs, the run rate slowed down temporarily and things were looking up for SPX. Unfortunately the key wicket of St Augustine’s No.3 had still not evantuated and a dropped catch on the boundary did not help matters and the quick run rate was maintained.

It was time to apply more pressure on St Augustines, hopefully this time with some economical bowling of line and length and our usual keeper Ryan Kelleher came on for a rare bowl. After a couple of rusty warm up wide deliveries and a few quick dot balls, a single brought Charles on strike against the new bowler. Ryan produced a beautiful ball right on the money and Charles was cleaned bowled for an excellent innings of 99. The next delivery was also right on the money with another clean bowled and Ryan was on a hat trick. Unfortunately the hat-trick was not to be for Ryan and this would be his first and only over, as another bowling change to Liam O’Connell (2/2) produced another excellent two wicket haul, dismissing the opposition for 182 in the 34th over. What was looking like a 250 to 300 score at one stage, turned out to be a great session after drinks and an excellent come back to close the innings.

With plenty of time remaining on Day One, SPX got off to a steady start at 1/49 off 17 overs, leaving the target of 4.1 runs per over off 33 overs on Day Two, with plenty of wickets in hand. Opener Ryan Kelleher (44) and Sam Dixon (50) continued the steady start on Day Two taking the score through to 2/91. Charles got his revenge on Ryan by claiming him LBW on his second ball.

Will Roser (31) joined Sam at the wicket and after getting his eye in, Will started to punish the opposition bowling with some strong hitting including a number of boundaries and a huge six, to lift the run rate at a key time in the game. Sam supported well and played an excellent innings to reach his half century before being bowled out with the score at 3/146 and his innings deservedly earn him man of the match.

An unfortunate mix up in the calling saw Will stranded well out of his ground and run out with the score on 4/153, and SPX still needing 30 runs off 8 overs. Unfortunately the collapse continued and five overs later SPX were all out 9/169 (playing one short) and fell just 13 runs short of the target.

A combination of excellent opposition bowling and fielding, a few simple errors and possibly a little bit of panic, brought our innings undone and a slightly sad end to the game - But that’s cricket and the opposition deserved their victory. Cricket can be a cruel game, however the boys should be extremely proud of their effort in this game and over the whole season. Hopefully they had a great time and enjoyed the season together.

Mark Kelleher
SECOND TRIAL MATCH OF 2015 SEASON THIS SATURDAY
Senior School teams will play their second Trial Match at both home and away venues vs St Aloysius this Saturday – match details are in the Senior Sports section of this newsletter.

Ground locations can be accessed via the link below to the SPX Rugby Club website: http://pandf.spx.nsw.edu.au/sports/rugby-club/calendar-and-ground-locations

REGISTRATION FOR 2015 SEASON
For the 2015 season, all Players must register via an on-line registration system (Survey Monkey). Detailed information on how to register on-line will be communicated at School.

MOUTHGUARDS - LANE COVE DENTURE CLINIC
Nicholas Ivey (SPX Old Boy) is offering a 10% discount for all SPX students (and their family members) for professional, custom made, slim line mouthguards for all sports, which are now available at his Lane Cove Denture Clinic. Each mouthguard is tailored to the player’s activity and dental care needs, including accommodating and protecting existing orthodontic appliances, such as braces. On-site health fund rebates are also available. Phone Nicholas at Lane Cove Denture Clinic on 9411 1179 for an appointment.

EASTER HOLIDAYS RUGBY CLINICS
After the success of the Rugby Clinics held over the past two seasons, we will again be running Rugby Clinics during the Easter holidays from Tuesday 7th April to Friday 10th April. Further details on these Clinics are being communicated to Players at School.

VOLUNTEERS REQUIRED – During the Easter clinic a BBQ is run for the boys each day and we are looking for 1-2 volunteers to help out with the BBQ. If you are available to help out, please contact me on the details below.

SPX RUGBY CLUB DINNER 2015
Special Guest – Former Wallaby – Mr Stirling Mortlock
Following the success of the 2014 SPX Rugby Club Dinner which was a sell-out, the 2015 SPX Rugby Club Dinner will be held on the evening of Friday 15th May. The Dinner will again be held at Roseville Golf Club.

We encourage all SPX parents & supporters to get along to the Dinner which is the key fundraiser for SPX Rugby, with all proceeds going to fund Rugby training and development programs across all SPX Age Groups. Get together with a few other parents to make up a table for your son’s team or Age Group. We want all Age Groups to be represented at the Dinner.

Please see the flyer attached

Donations wanted!
Calling all parents and boys we need your help for your annual rugby fundraising dinner. We urgently need some quality donated Prize items for this annual event. Could you please send your boys to school with the following suggestions:

Years 5/6: Sport, something for Dad, sports equipment, magazines, Rebel voucher, JB HiFi Voucher, Bunnings Voucher etc

Years 7/8: Gourmet Kitchen - Gourmet foods, coffee, tea, biscuits, infused oils and vinegars, etc

Years 9/10: For Mum, pamper products, jewellery, bath products, candles, facial/nail vouchers, Movie tickets, etc.

Years 11/12: Wine & Chocolate - Wine, Quality confectionary, chocolates, etc.

(*NB: Boys are not to be bringing wine to school, please contact: Rosemary Murphy: rugbyevents@pandf.spx.nsw.edu.au to arrange collection)
Donations need to be received by **8th May**. Any great Raffle Items, please contact Rosemary Murphy rugbyevents@pandf.spx.nsw.edu.au

This is our **major and only** annual fundraising event for our rugby boys.

**TEAM/AGE GROUP MANAGERS**

All SPX teams will need a parent to act as Team/Age Group Manager to support the Coaches. The Managers will co-ordinate any assistance required by the Coaches by way of:

- communication with parents and players about arrangements for training/games; and/or
- any support needed on game days when the Coaches are busy warming up and preparing the boys for their games e.g. if any assistance is required to get parent volunteers to organise water bottles, act as touch judges etc

Please contact me if you can assist your son by acting as a Team/Age Group Manager this season.

**KEY DATES IN 2015 FOR SPX RUGBY SUPPORTERS**

Please note the following dates in your diaries – more details will be communicated closer to the dates:

- Tuesday 7-Friday 10 April – Easter Holidays Rugby Clinics
- Saturday 18-Sunday 19 April – Prep 1st XV – Armidale Tournament
- Saturday 25 April – Waratahs vs Rebels match
- Friday 15 May – SPX Annual Rugby Club Dinner
- Saturday 23 May – ISA Round 1 vs St Gregory’s (Away)
- Term 2/Term 3 Holidays – Opens Rugby Tour (Queensland)
- Friday 24-Saturday 25 July – Parents & Supporters Trip to Bathurst - refer attached Flyer for accommodation options
- Saturday 8 August - P&F Trivia Night
- Tuesday 18 August – Rugby Presentation Night

David Bullard - SPX Rugby Club – 0491 119 113 rugbypresident@pandf.spx.edu.au

*SPX 2015 Rugby Calendar on the following page ...*
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<td>Monday</td>
<td>Committee Meeting #3</td>
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<td>Monday</td>
<td>Committee Meeting #4</td>
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<td>Thursday</td>
<td>2015 Season Launch for Players &amp; Parents</td>
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<td>Monday</td>
<td>Committee Meeting #5</td>
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<td>Thursday</td>
<td>U15 XV Squad Training Camp - Bundanoon</td>
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<td>Saturday</td>
<td>Formal Rugby Training sessions start for all age groups</td>
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<td>Sunday</td>
<td>Old Boys vs College Students Gala Day</td>
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<td>Monday</td>
<td>Committee Meeting #6</td>
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<td>Friday</td>
<td>T&amp;P Cocktail Party</td>
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<tr>
<td>Saturday</td>
<td>Rugby Trial #1 vs Cranbrook (A)</td>
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<tr>
<td>Saturday</td>
<td>Rugby Trial #2 vs St Aloysius (H&amp;A)</td>
</tr>
<tr>
<td>Monday</td>
<td>Committee Meeting #7</td>
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<tr>
<td>Wed or Thu</td>
<td>Term 1 Finishes</td>
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<tr>
<td>Friday</td>
<td>Good Friday</td>
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<tr>
<td>Monday</td>
<td>Easter Monday</td>
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<tr>
<td>Tuesday</td>
<td>Rugby Clinic</td>
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<tr>
<td>Wednesday</td>
<td>Rugby Clinic</td>
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<tr>
<td>Thursday</td>
<td>Rugby Clinic + Possible Trial Games for U14’s/U15’s</td>
</tr>
<tr>
<td>Friday</td>
<td>Rugby Clinic</td>
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<tr>
<td>Saturday</td>
<td>Prep 1st XV - Armidale Tournament</td>
</tr>
<tr>
<td>Monday</td>
<td>Term 2 Starts</td>
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<tr>
<td>Monday</td>
<td>Committee Meeting #8</td>
</tr>
<tr>
<td>Saturday</td>
<td>Waratahs vs Rebels</td>
</tr>
<tr>
<td>Saturday</td>
<td>Rugby Trial #3 – TBC</td>
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<tr>
<td>Monday</td>
<td>Committee Meeting #9</td>
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<tr>
<td>Saturday</td>
<td>Rugby Trial #4 vs St Patrick’s (H)</td>
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<tr>
<td>Friday</td>
<td>SPX Rugby Club Dinner</td>
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<tr>
<td>Saturday</td>
<td>Rugby Trial #5 vs Sydney High (H)</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R1 vs St Gregory’s (A)</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R2 vs Oakhill (A)</td>
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<tr>
<td>Monday</td>
<td>Committee Meeting #10</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R3 vs St Patrick’s (A)</td>
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<tr>
<td>Thursday</td>
<td>Rugby ISA R4 vs Kinross/The Scots School (H)</td>
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<tr>
<td>Saturday</td>
<td>Parents &amp; Supporters Trip to Bathurst</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R5 vs St Stanislaus (A)</td>
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<tr>
<td>Monday</td>
<td>Committee Meeting #12</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R6 vs St Augustine’s (H)</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R7 - A’s BYE/C’s vs BMGS (H)</td>
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<tr>
<td>Saturday</td>
<td>P&amp;P Trivia Night</td>
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<tr>
<td>Tuesday</td>
<td>Rugby Presentation Night</td>
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<tr>
<td>TBC</td>
<td>Rugby Club AGM</td>
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<tr>
<td>Friday</td>
<td>Term 3 Finishes</td>
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<tr>
<td>Tuesday</td>
<td>Term 3 Starts</td>
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<tr>
<td>Tuesday</td>
<td>Committee Meeting #11</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R4 vs Kinross/The Scots School (H)</td>
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<tr>
<td>Friday/Saturday</td>
<td>Parents &amp; Supporters Trip to Bathurst</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R5 vs St Stanislaus (A)</td>
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<td>Committee Meeting #12</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R6 vs St Augustine’s (H)</td>
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<tr>
<td>Saturday</td>
<td>Rugby ISA R7 - A’s BYE/C’s vs BMGS (H)</td>
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<td>Saturday</td>
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<tr>
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<tr>
<td>TBC</td>
<td>Rugby Club AGM</td>
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<tr>
<td>Friday</td>
<td>Term 3 Finishes</td>
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</tbody>
</table>

Committee Meetings
Social Activities
Trial Games
Training & Development Days
Tours/Camps
ISA Games

Please check the Woodchatta each Wednesday afternoon for any changes to venues or start times which may arise during the course of the season.
SPX RUGBY WEEKEND AWAY – 24-25 JULY 2015

COMFORT INN - REDLEAF RESORT

13-17 Brightlands Avenue, Blackheath
Phone: 47878108
www.redleafresort.com.au

- 13 Queen rooms 1-2 people (1 queen bed) $115.00 per room
- 13 twins 2-3 people (1 double and 1 single) $130.00 per room
- 16 family rooms 3-4 people (1 double and 2 singles) $150.00 per room
- 2 (spa 2 bedroom suit) 6 people (1 queen in one room, 2 singles in other room & 2 sofa beds in lounge area) $190.00 per room
- 1 room (108) 5 people (1 queen in one room & 3 singles in the other room) $165.00 per room
- 1 room (109) 4 people (1 queen in one room & 2 singles in the other room) $155.00 per room

FRIDAY NIGHT DINNER: 2 course meal
$25 per person 2-12 years
$35 per person 12 years and up

SATURDAY BREAKFAST: full buffet includes hot and continental buffet
$14.00 per person 2-12 years
$19.00 per person 12 years and up

Phone and book accommodation with the Resort as soon as possible as these 46 rooms will book out quickly. When booking ensure you mention that you are from SPX Rugby

FOR MORE INFORMATION PLEASE CONTACT:
ROSEMARY MURPHY: rugbyevents@pandf.spx.nsw.edu.au
(0411664308)
SPX RUGBY – YULEFEST PACKAGE

Winter 2015 at the Comfort Inn Redleaf Resort

Come to the Blue Mountains & enjoy the Wonder of Winter. During the day enjoy activities that the Blue Mountains have to offer and then relax and celebrate the magic of Yulefest at The Comfort Inn Redleaf Resort!

Dinner, Bed & Breakfast

$115.00 Queen or twin share for 2 people
$90.00 adults & $55.00 Children under 12
• Traditional 5 course Yulefest Dinner
• Entertainment, Decorations and Bon Bons
• Visit & Gift from Santa
• Full Buffet Breakfast $19.00 per person

The Yulefest package is available for Dinner on the 4th and 25th of July 2015
Other dates available for groups over 25 pax dinner or lunch

To celebrate Yulefest, make your reservation now.

Comfort Inn Redleaf Resort  Evans Lookout Road Blackheath  NSW 2785
Phone: (02) 4787 8108    Fax: (02) 4787 8907
reservations@redleafresort.com.au
SPX RUGBY DINNER

St Pius X Rugby Club
Annual Dinner 2015

Our special guest for the evening is former Wallaby captain Mr Stirling Mortlock

Stirling Mortlock has scored over 1,000 points in 140 Super Rugby games and has won 2 super rugby titles (2001 & 2004) with the Brumbies. Stirling was named Super Rugby Player of the year in 2002. In 2009 Stirling became the highest point scorer in Super Rugby history and is one of six Brumbies to win 100 caps for the club. In 2010 Stirling played at the Brumbies with SPX’s Michael Hooper and later that year, Stirling signed with the Melbourne Rebels and in 2011 was named as their inaugural captain, playing with SPX’s Luke Jones.

With nearly 500 test points for the Wallabies, and 80 caps Stirling has created many memorable moments for us all as a Wallaby and is a household name in rugby circles.

Stirling was made a Member of the Order of Australia in the 2012 Australia Day Honours List.

MC for the evening is former Wallaby and Fox Sports Commentator, Mr Rod Kater

Stirling will be our special guest for the evening where he will share his insights on the Wallabies, Super 15 and rugby in general. There will also be opportunity for you to ask Stirling questions. There will be an array of items auctioned, silent auctions and raffles.

Come and join the fun and support SPX Rugby at our major fund raising event for 2015

Friday 15th May 2015, 7pm to 11.30pm • Roseville Golf Club, 4 Links Rd, Roseville

Tickets: $155 per head - Early Bird Special $140.00 per head until 26/4/15

Bookings: Bookings close 8/5/15 - go to http://www.trybooking.com/125483

For more information contact: Rosemary Murphy: 0411 644 308
or rugbyevents@pandf.spx.nsw.edu.au

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OLD BOYS NEWS

NEW OLD BOYS WEB SITE
The new Old Boys web site is currently under construction and it is hoped that it will be launched very soon. Stay tuned!

OLD BOYS NEWS
If you have some news for the old boys that you would like included in this section, please let us know at; info@oldboys.spx.nsw.edu.au

SPX OLD BOYS RUGBY – BROTHERS RUGBY CLUB SYDNEY

BROTHERS RUGBY – SEASON 2015:
Training is underway, get along and enjoy the experience!
Roseville Chase Oval, 6.45pm Thursdays.
To get involved with your old boys rugby club, go to; www.brothersrugby.com.au

David Bullard ('82) – President SPX OBA & Brothers Rugby
info@oldboys.spx.nsw.edu.au
0491 119 113
**GENERAL NOTICES**

**Glenaeon OOSH – Holiday Care Program**
121 Edinburgh Road, Castlecrag, & 8A Glenroy Ave, Middle Cove, NSW 2068
Tuesday 7th April to Fri 17th April 2015

Most days include separate more challenging Senior program for children aged 10yrs to 12+ yrs (Juniors 5yrs to 9yrs).

<table>
<thead>
<tr>
<th>Monday 6th April</th>
<th>Tue 7th April</th>
<th>Wed 8th April</th>
<th>Thurs 9th April</th>
<th>Fri 10th April</th>
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<tbody>
<tr>
<td><strong>CASTLECRAIG</strong></td>
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<tr>
<td>BANK HOLIDAY CLOSED</td>
<td>Autumn Craft &amp; Easter Hunt</td>
<td>Wood Street Art</td>
<td>Stand up Paddle Boarding Day</td>
<td>Fairy &amp; Elf Gardens</td>
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<td></td>
<td>Create your own surprises with natural ingredients and follow the clues in the Easter treasure hunt</td>
<td>Create awesome art using contemporary media</td>
<td>Learn stand up paddle board skills. Enjoy fun games and waterside events.</td>
<td>Plant your own flowers and vegetables to bring home to your family</td>
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<td></td>
<td>$5 extra charge</td>
<td>$10 extra charge</td>
<td>Picnic by the water</td>
<td>$10 extra charge</td>
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<tr>
<td>Mon 13th April</td>
<td>Tue 14th April</td>
<td>Wed 15th April</td>
<td>Thurs 16th April</td>
<td>Fri 17th April</td>
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<td><strong>CASTLECRAIG</strong></td>
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<tr>
<td>African Art</td>
<td>Bush Escapade</td>
<td>Animal Fun Day</td>
<td>Discovery Day</td>
<td>Fabulous Fun Day</td>
</tr>
<tr>
<td>Gabrielle Pol professional artist will guide a workshop in her techniques.</td>
<td>Bush exploration and orienteering adventure! Make camp fire and enjoy story-telling and campfire treats.</td>
<td>Take a journey into animal world. Cuddle, feed and play with the baby animals and learn about their care.</td>
<td>Travel by bus to Australian Museum. Explore Science, culture, dinosaurs. Enjoy picnic &amp; park</td>
<td>Build cubby houses, make bows and arrows, bake special treats. Bring your wheels and skateboards (8+ helmet).</td>
</tr>
<tr>
<td>$25 extra charge</td>
<td>$5 extra charge</td>
<td>$15 extra charge</td>
<td>$15 extra charge</td>
<td>CASTLECRAIG CAMPUS</td>
</tr>
</tbody>
</table>


**Email: childcareservices@hotmail.com**